

Wiggles and WISDOM

Intergenerational Activity Classes



Wiggles and Wisdom brings generations together in weekly activity classes.
Young children with their parent/caregiver join senior residents for a joyful and rejuvenating experience of music and crafts.

Drop-in classes 10:00 - 11:00

Tuesdays

DURHAM

• **Harmony Homes By the Bay**
 40 Briggs Way
 Durham, NH

Thursdays

PORTSMOUTH

• **Wentworth Senior Living**
 346 Pleasant Street
 Portsmouth, NH

September

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | | | | | 1 |
| 2 | 3 | X | 5 | X | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |

October

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | 1 | 2 | 3 | 4 | 5 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |

November

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | | | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | X | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | |

December

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | | | | | 1 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | X | 26 | X | 28 | 29 |
| 30 | 31 | | | | | |

Check out our website and facebook page for upcoming class cost and information

www.wigglesandwisdom.com