



As the weather warms, the days lengthen, and bodies emerge from winter layers, there's no better time to try – or return to – the sport of rowing. Great Bay Rowing, a nonprofit community rowing organization based in Durham, greets the summer with opportunities for beginning and experienced rowers to get out onto the beautiful Oyster River and Great Bay.

Great Bay Rowing offers opportunities for sweep rowing (in boats of four or eight rowers; each rower has one oar) or sculling (each rower has two oars) in their fleet of rowing shells. Programs for both introductory and experienced rowers will be offered in camps throughout the summer as well as ongoing rowing opportunities

Check out [GBR website](#) for specific dates.

New this year! Experienced rowers who prefer to set their own schedule, membership as an independent rower is permitted using GBR equipment.

Junior rowers, who desire more intensive training, video review, and the chance to discuss collegiate rowing opportunities with a college varsity coach, will be offered in August.

“Rowing is a fantastic workout, but it's much more than that,” says Great Bay Rowing member Laurie Potter. There's nothing better than the teamwork and camaraderie that comes with rowing with others on the beautiful Oyster River and Great Bay.

Since its founding in 1996, [Great Bay Rowing](#) has offered rewarding rowing experiences in the Seacoast of New Hampshire to masters and junior level rowers. The club, which shares a boathouse with the University of New Hampshire rowing team at Jackson's Landing on the Oyster River in Durham, provides its members with opportunities, facilities, equipment and instruction in sweep and sculling techniques at both competitive and instructional levels.

For more information and to sign up, go to www.greatbayrowing.org or e-mail greatbay@greatbayrowing.org.

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For photographs, contact bhpotier@gmail.com.