### **TOWN OF DURHAM**

# PROPOSED 2026 BUDGET INFORMATION BOOKLET



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### **GENERAL INFORMATION**

Proposed 2026 Town Tax Rate

1981-2024 Tax Rate History

2011 – 2026 Proposed Water and Sewer Rates History

Town and UNH Water and Sewer Cost Share Percentages

Fund Balances as of 12/31/2024

Trust Fund Balance as of 12/31/2024

### PROPOSED 2026 TOWN TAX RATE

	2	2025 COUNCIL APPROVED
General Fund Operating Budget	\$	22,731,301
LESS Estimated Revenues	\$	(12,163,530
Total Budget Revenue Needed	\$	10,567,771
PLUS Overlay	\$	125,000
PLUS Overlay (Eversource)	\$	360,000
PLUS Overlay (Student Housing)	\$	-
PLUS Exemptions	\$	158,000
Total Property Taxes Estimated	\$	11,210,771
Valuation	\$	1,884,913,074
Proposed Town Tax Rate	\$	5.95

20	25 DEPT. HEAD PROPOSED	Al	2025 DMINISTRATOR PROPOSED
\$	22,744,235	\$	22,449,335
\$	(10,868,695)	\$	(10,949,720)
\$	11,875,540	\$	11,499,615
\$	175,000	\$	175,000
\$	360,000	\$	360,000
\$	1,105,000	\$	1,105,000
\$	158,000	\$	158,000
\$	13,673,540	\$	13,297,615
\$	1,894,337,639	\$	1,894,337,639
\$	7.22	\$	7.02

VA	ARIANCE 202 2026 Admir	
\$	(281,966)	-1.24%
\$	(1,213,810)	-9.98%
\$	931,844	8.82%
\$	50,000	40.00%
\$	<u>-</u>	0.00%
\$	1,105,000	100.00%
\$	.e	0.00%
\$	2,086,844	18.61%
\$	9,424,565	0.50%
\$	1.07	18.02%

<sup>\*2024</sup> valuation was \$1,866,124,968.

<sup>\*2025</sup> Vaulation estimated at 1.0% increase.

<sup>\*2026</sup> Valuation estimated at 0.5% increase

### **DURHAM TAX RATE SUMMARY**

.,	Equalization	Ra	wn Tax ite (per	Percentage Town Over	Ta	School x Rate	Tax Rate	R	ounty Tax ate (per	F	Total Tax Rate (per	Percentage Town Total	Percentage Local School	Percentage State School	Percentage County of
Year	Ratio	\$	1,000)	Prior Year	(per	\$1,000)	(per \$1,000)	\$	\$1,000)	<u> </u>	\$1,000)	of Tax Rate	of Tax Rate	of Tax Rate	Tax Rate
1981	66.0%	\$	12.30		\$	23.00		\$	3.40	\$	38.70	 31.78%	59.43%		8.79%
1982	60.0%	\$	13.80	12.20%	\$	25.80		\$	3.70	\$	43.30	31.87%	59.58%		8.55%
1983	58.0%	\$	13.78	-0.14%	\$	26.86		\$	4.64	\$	45.28	30.43%	59.32%		10.25%
1984	58.0%	\$	15.44	12.05%	\$	29.54		\$	4.41	\$	49.39	31.26%	59.81%		8.93%
1985	52.0%	\$	16.77	8.61%	\$	30.62		\$	5.29	\$	52.68	31.83%	58.12%		10.04%
1986	46.0%	\$	15.65	-6.68%	\$	34.12		\$	4.41	\$	54.18	28.89%	62.98%		8.14%
1987	39.0%	\$	15.11	-3.45%	\$	32.95		\$	5.05	\$	53.11	28.45%	62.04%		9.51%
1988	100.0%	\$	4.45	-70.55%	\$	11.12		\$	1.49	\$	17.06	26.08%	65.18%		8.73%
1989	100.0%	\$	5.80	30.34%	\$	11.64		\$	1.76	\$	19.20	30.21%	60.63%		9.17%
1990	100.0%	\$	7.30	25.86%	\$	13.41		\$	1.85	\$	22.56	32.36%	59.44%		8.20%
1991	124.0%	\$	6.92	-5.21%	\$	13.12		\$	1.83	\$	21.87	31.64%	59.99%		8.37%
1992	127.0%	\$	6.69	-3.32%	\$	13.60		\$	1.82	\$	22.11	30.26%	61.51%		8.23%
1993	98.0%	\$	8.71	30.19%	\$	18.51		\$	2.58	\$	29.80	29.23%	62.11%		8.66%
1994	97.0%	\$	8.37	-3.90%	\$	20.05	÷	\$	2.58	\$	31.00	27.00%	64.68%		8.32%
1995	96.0%	\$	10.09	20.55%	\$	21.62		\$	2.64	\$	34.35	29.37%	62.94%		7.69%
1996	95.0%	\$	9.53	-5.55%	\$	22.07		\$	2.55	\$	34.15	27.91%	64.63%	·	7.47%
1997	92.0%	\$	9.85	3.36%	\$	23.72		\$	2.75	\$	36.32	27.12%	65.31%		7.57%
1998	87.0%	\$	9.84	-0.10%	\$	24.68		\$	2.69	\$	37.21	26.44%	66.33%		7.23%
1999	75.0%	\$	10.08	2.44%	\$	15.28	\$ 7.64	\$	2.64	\$	35.64	28.28%	42.87%	21.44%	7.41%
2000	71.0%	\$	10.38	2.98%	\$	18.01	\$ 7.38	\$	2.70	\$	38.47	 26.98%	46.82%	19.18%	7.02%
2001	61.0%	\$	11.14	7.32%	\$	19.54	\$ 8.43	\$	3.22	\$	42.33	26.32%	46.16%	19.91%	7.61%
2002	52.0%	\$	11.35	1.89%	\$	19.27	\$ 7.69	\$	3.17	\$	41.48	27.36%	46.46%	18.54%	7.64%
2003	99.0%	\$	5.85	-48.46%	\$	11.91	\$ 3.84	\$	1.97	\$	23.57	24.82%	50.53%	16.29%	8.36%

### **DURHAM TAX RATE SUMMARY**

	Equalization		vn Tax :e (per	Percentage Town Over	Local So Tax Ra		Tax Rate	County Ta Rate (per	1	Total Tax Rate (per		Percentage Town Total	Percentage Local School	Percentage State School	Percentage County of
Year	Ratio	\$1	,000)	Prior Year	(per \$1,0	000)	(per \$1,000)	\$1,000)		\$1,000)		of Tax Rate	of Tax Rate	of Tax Rate	Tax Rate
2004	96.0%	\$	6.02	2.91%	\$ 14	1.36	\$ 2.89	\$ 1.87	, [	\$ 25.14		23.95%	57.12%	11.50%	7.44%
2005	88.0%	\$	6.28	4.32%	\$ 14	1.96	\$ 2.82	\$ 2.13	1	\$ 26.19		23.98%	57.12%	10.77%	8.13%
2006	87.0%	\$	6.59	4.94%	\$ 15	5.95	\$ 2.54	\$ 2.20	) [	\$ 27.28		24.16%	58.47%	9.31%	8.06%
2007	95.0%	\$	6.90	4.70%	\$ 16	6.55	\$ 2.52	\$ 2.2	·   9	\$ 28.24	<u>.                                    </u>	24.43%	58.60%	8.92%	8.04%
2008	98.5%	\$	6.52	-5.51%	\$ 15	5.74	\$ 2.26	\$ 2.1	5 5	\$ 26.67		24.45%	59.02%	8.47%	8.06%
2009	102.7%	\$	6.52	0.00%	\$ 16	5.11	\$ 2.07	\$ 2.30	)   5	\$ 27.00		24.15%	59.67%	7.67%	8.52%
2010	101.4%	\$	7.12	9.20%	\$ 15	5.43	\$ 2.19	\$ 2.54	:   5	\$ 27.28		26.10%	56.56%	8.03%	9.31%
2011	104.2%	\$	7.57	6.32%	\$ 15	5.69	\$ 2.33	\$ 2.6		\$ 28.20		26.84%	55.64%	8.26%	9.26%
2012	104.0%	\$	7.61	0.53%	\$ 16	3.07	\$ 2.35	\$ 2.72	1	\$ 28.75		26.47%	55.90%	8.17%	9.46%
2013	97.9%	\$	8.34	9.59%	\$ 16	3.76	\$ 2.45	\$ 2.86	5   5	\$ 30.41		27.42%	55.11%	8.05%	9.42%
2014	95.6%	\$	8.34	0.00%	\$ 16	3.80	\$ 2.51	\$ 2.87	<u> </u>	\$ 30.52		27.32%	55.04%	8.22%	9.42%
2015	93.4%	\$	8.48	1.68%	\$ 16	3.20	\$ 2.38	\$ 2.79	) [	\$ 29.85		29.00%	54.00%	7.97%	9.00%
2016	92.4%	\$	8.48	0.00%	\$ 16	3.17	\$ 2.27	\$ 2.8		\$ 29.73		28.52%	54.38%	7.63%	9.47%
2017	88.0%	\$	7.37	-13.09%	\$ 14	1.75	\$ 2.02	\$ 2.46	5   5	\$ 26.60		27.70%	55.45%	7.59%	9.26%
2018	97.6%	\$	7.37	0.00%	\$ 14	1.93	\$ 2.01	\$ 2.49	19	\$ 26.80		27.50%	55.70%	7.50%	9.30%
2019	93.8%	\$	7.60	3.12%	\$ 15	5.32	\$ 2.01	\$ 2.50		\$ 27.43	-	27.71%	55.85%	7.33%	9.11%
2020	86.4%	\$	7.79	2.50%	\$ - 15	5.37	\$ 2.00	\$ 2.5	9	\$ 27.73		28.09%	55.43%	7.21%	9.27%
2021	72.5%	\$	7.86	0.90%	\$ 15	5.28	\$ 1:98	\$ 2.79	)   9	\$ 27.91		28.16%	54.75%	7.09%	10.00%
2022	61.5%	\$	8.13	3.44%	\$ 16	5.56	\$ 1.53	\$ 2.82	2 9	\$ 29.04		28.00%	57.02%	5.27%	9.71%
2023	94.2%	\$	5.75	-29.27%	\$ 11	1.58	\$ 1.39	\$ 1.76	5   5	20.48		28.08%	56.54%	6.79%	8.59%
2024	82.5%	\$	5.75	0.00%	\$ 11	1.52	\$ 1.21	\$ 1.8	5   5	20.33	<u> </u>	28.28%	56.67%	5.95%	9.10%

#### **WATER AND SEWER RATES HISTORY**

(per 100 cubic feet)

YEAR	٧	VATER	\	WATER (Lee)*	SEWER
2011	\$	3.58	\$	-	\$ 5.56
2012	\$	3.97	\$	_	\$ 5.75
2013	\$	4.18	\$	_	\$ 5.75
2014	\$	4.69	\$	<del>-</del>	\$ 6.05
2015	\$	4.82	\$	<b>-</b> .	\$ 6.83
2016	\$	5.35	\$	-	\$ 7.30
2017	\$	5.61	\$	- -	\$ 7.50
2018	\$	6.05	\$	<b>-</b> '	\$ 8.96
2019	\$	7.08	\$	<del>-</del>	\$ 8.71
2020	\$	7.35	\$	<b>-</b>	\$ 8.97
2021	\$	7.74	\$	-	\$ 8.97
2022	\$	8.43	\$	9.69	\$ 8.98
2023	\$	10.42	\$	11.98	\$ 9.57
2024	\$	10.61	\$	12.20	\$ 10.31
2025	\$	10.92	\$	12.56	\$ 10.66
2026 Proposed	\$	11.25	\$	12.94	\$ 11.08

<sup>\*</sup>In 2022 a new water rate was established for the Lee Waterline connecting the Lee Traffic Circle properties.

#### TOWN AND UNH WATER AND SEWER COST SHARE PERCENTAGES

	2018	2019	2020	2021	2022	2023	2024	2025	2026
TOWN WATER SHARE	41.70%	41.60%	40.70%	41.00%	44.30%	47.60%	48.60%	46.80%	46.70%
UNH WATER SHARE	58.30%	58.40%	59.30%	59.00%	55.70%	52.40%	51.40%	53.20%	53.30%
		:				-			
TOWN WASTEWATER SHARE	43.00%	42.80%	42.00%	42.30%	45.60%	48.90%	49.90%	48.10%	48.00%
UNH WASTEWATER SHARE	57.00%	57.20%	58.00%	57.70%	54.40%	51.10%	50.10%	51.90%	52.00%

#### **FUND BALANCES AS OF 12/31/2024**

	General Fund		Water Fund			astewater Fund	Churchill Rink Fund			Conservation Commmission	Pa	Depot Road orking Lot Fund	Downtown TIF District		
Unassigned	\$	4,517,515	\$	•	\$		\$	<u>.</u>	\$	· •	\$		\$	-	
Assigned/Nonspendable	\$	810,006	\$	6,000	\$	13,000	\$	1,500	\$	-	\$	_	\$	-	
Restricted/Committed	\$	5,211,569	\$	874,107	\$	2,458,558	\$	521,540	\$	164,535	\$	431,408	\$	573,270	
Total Fund Balance	\$	10,539,090	\$	880,107	\$	2,471,558	\$	523,040	\$	164,535	\$	431,408	\$	573,270	

Unassigned - amounts available for any purpose

Assigned - amounts intended for a specific purpose, like encumbrances

Nonspendable - amounts required to be maintained as they are, such prepaid assests

Restricted - amounts limited in use by external requirements, such as grant funds received for a particular purpose

Committed - amounts voted to be used for a specific purpose and contractual obligations

### TRUST FUND BALANCES as of December 31, 2024 unaudited

Account Descrption	Fire Equip. and Service	Fire Station	Parking	Community Dev Fund	Munic Transp & Impr	Wagon Hill Farm	Town Land Stewardship Patrons'	Employee Earned Leave Buyout	Water Town/UNH	Sewer Town/UNH
Market EOY as of 12/31/2024	\$ 956,104.80	\$ 300,596.67	\$ 130,512.62	\$ 9,580.92	\$ 166,964.88	\$ 22,938.71	\$ 21,750.94	\$ 111,522.66	\$ 395,068.13	\$ 763,509.70
LESS Assigned Funds (Listed Below)	\$ 874,000.00	\$ 230,000.00	\$ 76,300.00	\$ -	\$ 40,000.00	s -	\$ 16,600.00	\$ -	\$ -	\$ 285,000.00
Funds Available	\$ 82,104.80	\$ 70,596.67	\$ 54,212.62	\$ 9,580.92	\$ 126,964.88	\$ 22,938.71	\$ 5,150.94	\$ 111,522.66	\$ 395,068.13	\$ 478,509.70
ASSIGNED FUNDS										
Fire Station		\$ 230,000.00								
Radio Simulcast Upgrades	\$ 20,000.00									
Deputy Chief Vehicle Replacement (Car 3)	\$ 70,000.00									
Vehicle Exhaust Extraction System	\$ 60,000.00									
Cons Comm authorized expenditures			٠.				\$ 16,600.00			
Fire Station Alerting System	\$ 50,000.00						•			
SCBA Decontamination Washer	\$ 34,000.00									,
Collection System Repair/Upgarde (Town/UNH)										\$ 30,000.00
Replace 2009 Chevrolet Tahoe -Addtl Funds	\$ 15,000.00									
Utility Terrain Vehicle	\$ 45,000.00									
Triler for UTV	\$ 18,000.00									
Water Rescue Craft Replacement	\$ 55,000.00	4								
Replace 2013 Chev.Suburban (Asst. Chief)	\$ 95,000.00									
SCBA Replacement	\$ 50,000.00									
Collection System Repair/Upgarde (Town/UNH)										\$ 30,000.00
WWTP Major Components Contingency										\$ 50,000.00
Telehandler Replacement										\$ 95,000.00
							•			
Thermal Imaging Camera	12,000.00						•			
Replace 2016 Tahoe (Chief's Car)	95,000.00	•								
Fire Station Facility Improvements	45,000.00							,		
Purchase Personal Protective Equipment	52,000.00						* :			
LMR Comm System Backup Emergency Power	48,000.00									
Replace Self Contained Breathing Apparatus	30,000.00									*
Replace Hydraulic Rescue Tools	80,000.00			,						
Sidewalk Improvement Program	,				40,000.00	· ·				
Collection Sys Repair/Upgrade (Town/UNH)										30,000.00
WWTP Major Components Contingency										50,000.00
Parking Vehicle Replacement		,	76,300.00							4.
Total Funds Assigned	\$ 874,000.00	\$ 230,000.00	\$ 76,300.00	\$ -	\$ 40,000.00	\$ -	\$ 16,600.00	\$ -	\$ -	\$ 285,000.00

## GENERAL FUND BUDGET COMPARISONS 2022 – 2026 Proposed

General Fund Fixed Costs
Personnel Costs
Personnel Wages and Benefits
Health and Dental Costs
NH Retirement Rates
NH Retirement Costs

### BUDGET COMPARISONS - FIXED COSTS (GENERAL FUND OPERATING BUDGET ONLY)

		2022 EXPENDED		2023 EXPENDED		2024 EXPENDED		2025 BUDGETED	P	2026 ROPOSED	DOLLAR INCREASE 2025 - 2026 PROPOSED		PERCENTAGE INCREASE 2025-2026 PROPOSED
PERSONNEL COSTS	\$	10,414,098	\$	10,980,543	\$	11,734,643	\$	12,961,430	\$	13,650,650	\$	689,220	5.32%
AUDITING	\$	15,000	\$	22,300	\$	24,075	\$	25,000	\$	25,000	\$		0.00%
PROPERTY/LIABILITY INSURANCE	\$	97,043	\$	106,298	\$	109,262	\$	151,500	\$	185,350	\$	33,850	22.34%
ELECTRICITY	\$	228,886	\$	232,781	\$	218,137	\$	204,925	\$	226,710	\$	21,785	10.63%
HEATING FUEL	\$	40,791	\$	34,054	\$	26,297	\$	39,750	\$	32,760	\$	(6,990)	-17.58%
GENERAL ASSISTANCE (WELFARE)	\$	68,836	\$	88,032	\$	92,228	\$	50,000	\$	40,000	\$	(10,000)	-20.00%
FUEL/OIL FOR VEHICLES	\$	132,508	\$	133,105	\$	131,833	\$	162,150	\$	141,050	\$	(21,100)	-13.01%
PRINCIPAL DEBT PAYMENTS	\$	1,327,724	\$	1,272,834	\$	1,369,974	\$	1,314,480	\$	1,813,030	\$	498,550	37.93%
INTEREST DEBT PAYMENTS	\$	343,512	\$	359,680	\$	336,725	\$	298,300	\$	607,055	\$	308,755	103.50%
TOTAL FIXED COSTS	\$	12,668,398	\$	13,229,627	\$	14,043,174	\$	15,207,535	\$	16,721,605	\$	1,514,070	9.96%
USE OF FUND BALANCE FOR CAPITAL PROJECTS	\$	· -	\$	<u>.</u>	\$		\$	2,173,425	\$		\$	(2,173,425)	
REMAINING BUDGET ITEMS	\$	4,590,872	\$	4,579,911	\$	4,951,522	\$	5,350,341	\$	5,727,730	\$	377,389	7.05%
TOTAL BUDGET	\$	17,259,270	\$	17,809,538	\$	18,994,696	\$	22,731,301	\$	22,449,335	\$	(281,966)	-1.24%
						•			7. J.				
% ALLOCATED TO FIXED COSTS	ļ	73.40%		74.28%		73.93%		73.97%		74.49%			0.69%
% REMAINING BUDGET ITEMS	<u> </u>	26.60%		25.72%		26.07%		26.03%		25.51%	85.5		-1.97%

REMAINING BUDGET ITEMS INCLUDE, BUT IS NOT LIMITED TO CONTRACTED SERVICES, CLEANING SERVICE, BUILDING MAINTENANCE, EQUIPMENT MAINTENANCE, STAFF DEVELOPMENT, SUPPLIES, POSTAGE, PRINTING, MEMBERSHIP/DUES, ADVERTISING/LEGAL NOTICES, UNIFORMS.

# PERSONNEL COST COMPARISON (GENERAL FUND OPERATING BUDGET ONLY)

	E	2022 XPENDED	E	2023 EXPENDED	E	2024 EXPENDED	P	2025 APPROVED	P	2026 ROPOSED	l 2	DOLLAR NCREASE 025 - 2026 ROPOSED	PERCENTAGE INCREASE 2025 - 2026 PROPOSED
F-T WAGES	\$	5,653,718	\$	6,057,568	\$	6,440,776	\$	7,124,400	\$	7,357,870	\$	233,470	3.3%
P-T WAGES	\$	233,825	\$	258,432	\$	363,248	\$	387,800	\$	511,560	\$	123,760	31.9%
O-T WAGES	\$	996,571	\$	1,007,463	\$	1,048,330	\$	1,064,500	\$	1,048,000	\$	(16,500)	-1.6%
SOCIAL SECURITY	\$	184,429	\$	199,829	\$	223,135	\$	235,410	\$	249,880	\$	14,470	6.1%
MEDICARE	\$	106,731	\$	114,228	\$	122,880	\$	129,620	\$	135,180	\$	5,560	4.3%
RETIREMENT	\$	1,713,401	\$	1,742,228	\$	1,789,220	\$	1,891,400	\$	1,933,810	\$	42,410	2.2%
HEALTH & DENTAL (including buyout)	\$	1,299,330	\$	1,354,214	\$	1,477,089	\$	1,768,400	\$	2,084,930	\$	316,530	17.9%
LIFE INSURANCE	\$	10,726	\$	10,783	\$	10,226	\$	12,200	\$	10,490	\$	(1,710)	-14.0%
SHORT & LONG TERM DISABILITY	\$	43,432	\$	44,092	\$	43,379	\$	57,300	\$	60,920	\$	3,620	6.3%
WORKERS COMPENSATION	\$	171,935	\$	191,706	\$	216,360	\$	290,400	\$	258,010	\$	(32,390)	-11.2%
TOTAL PERSONNEL COSTS	\$	10,414,098	\$	10,980,543	\$	11,734,643	\$	12,961,430	\$	13,650,650	\$	689,220	5.3%
TOTAL % OF BUDGET FOR PERSONNEL COSTS		65.73%		62.19%		61.87%		63.05%		64.46%			
TOTAL FTE'S (GENERAL FUND ONLY)		89.25		89.25		89.95		91.95		91.75			

### PERSONNEL WAGE COMPARISON BY DEPARTMENT (GENERAL FUND OPERATING BUDGET ONLY)

FULL-TIME WAGES	E	2022 XPENDED	2023 EXPENDED	E	2024 EXPENDED	,	2025 APPROVED	P	2026 PROPOSED	l 20	DOLLAR NCREASE 025 - 2026 ROPOSED	PERCENTAGE INCREASE 2025 - 2026 PROPOSED
YEARLY TOTAL	\$	5,653,718	\$ 6,057,568	\$	6,440,776	\$	7,124,400	\$	7,357,870	\$	233,470	3.3%
POLICE	\$	1,630,640	\$ 1,816,909	\$	1,779,176	\$	2,169,000	\$	2,284,290	\$	115,290	5.3%
FIRE	\$	1,765,459	\$ 1,821,741	\$	2,033,102	\$	2,177,200	\$	2,298,580	\$	121,380	5.6%
PUBLIC WORKS	\$	861,165	\$ 906,744	\$	987,644	\$	1,089,700	\$	1,102,730	\$	13,030	1.2%
ALL OTHER	\$	1,396,454	\$ 1,512,174	\$	1,640,854	\$	1,688,500	\$	1,672,270	\$	(16,230)	-1.0%

PART-TIME WAGES	EX	2022 PENDED		2023 EXPENDED	·	2024 EXPENDED	,	2025 APPROVED	•	2020 PROPO		IN 202	OLLAR CREASE 25 - 2026 OPOSED	PERCENTAGE INCREASE 2025 - 2026 PROPOSED
YEARLY TOTAL	\$	233,825	\$	258,432	\$	363,248	\$	387,800	\$	5	11,560	\$	123,760	31.9%
POLICE	\$	5,216	\$	3,351	\$	3,732	\$	3,500	\$		25,600	\$	22,100	631.4%
FIRE	\$	6,482	s	4,375	\$	6,000	\$	12,000	\$		12,000	\$		0.0%
PUBLIC WORKS	\$	64,658	\$	83,396	\$	109,796	\$	92,500	\$		92,500	\$		0.0%
ALL OTHER	\$	157,469	\$	167,310	\$	243,720	\$	279,800	\$	3	81,460	\$	101,660	36.3%

OVERTIME WAGES	EX	2022 PENDED	E	2023 XPENDED	E	2024 EXPENDED	1	2025 APPROVED	Pi	2026 ROPOSED	l  20	DOLLAR NCREASE 025 - 2026 ROPOSED	PERCENTAGE INCREASE 2025 - 2026 PROPOSED
YEARLY TOTAL	\$	996,571	\$	1,007,463	\$	1,048,330	\$	1,064,500	\$	1,048,000	\$	(16,500)	-1.6%
POLICE	\$	252,320	\$	221,128	\$	262,359	\$	200,000	\$	246,500	\$	46,500	23.3%
FIRE	\$	595,152	\$	624,538	\$	641,732	\$	688,200	\$	631,200	\$	(57,000)	-8.3%
PUBLIC WORKS	\$	142,927	\$	158,546	\$	141,859	\$	169,800	\$	163,800	\$	(6,000)	-3.5%
ALL OTHER	\$	6,172	\$	3,251	\$	2,380	\$	6,500	\$	6,500	\$		0.0%

### HEALTH AND DENTAL COST COMPARISON BY DEPARTMENT (GENERAL FUND OPERATING BUDGET ONLY)

HEALTH & DENTAL (INCLUDING BUYOUT)	E	2022 XPENDED	E	2023 XPENDED	2024 EXPENDED	2025 APPROVED	P	2026 ROPOSED	ا 2	DOLLAR INCREASE 025 - 2026 PROPOSED	PERCENTAGE INCREASE 2025 - 2026 PROPOSED
YEARLY TOTAL	\$	1,299,330	\$	1,354,214	\$ 1,477,089	\$ 1,768,400	\$	2,084,930	\$	316,530	17.9%
POLICE	\$	283,055	\$	316,396	\$ 334,969	\$ 440,200	\$	476,950	\$	36,750	8.3%
FIRE	\$	446,923	\$	463,329	\$ 506,990	\$ 601,100	\$	809,080	\$	207,980	34.6%
PUBLIC WORKS	\$	288,571	\$	290,933	\$ 326,154	\$ 375,700	\$	408,390	\$	32,690	8.7%
ALL OTHER	\$	280,781	\$	283,556	\$ 308,976	\$ 351,400	\$	390,510	\$	39,110	11.1%

### **NH RETIREMENT RATES**

	ТО	WN CONTRIBUTI	ON	STATE
FISCAL YEAR	GENERAL EMPLOYEES	POLICE*	FIRE*	CONTRIBUTION
JULY 1, 2008 - JUNE 30, 2009	8.74%	18.21%	24.49%	35%
JULY 1, 2009 - JUNE 30, 2010	9.16%	19.51%	24.69%	30%
JULY 1, 2010 - JUNE 30, 2011	9.16%	19.51%	24.69%	25%
JULY 1, 2011 - JUNE 30, 2012	8.80%	19.95%	22.89%	25%
JULY 1, 2012 - JUNE 30, 2013	8.80%	19.95%	22.89%	0%
JULY 1, 2013 - JUNE 30, 2014	10.77%	25.30%	27.74%	0%
JULY 1, 2014 - JUNE 30, 2015	10.77%	25.30%	27.74%	0%
JULY 1, 2015 - JUNE 30, 2016	11.17%	26.38%	29.16%	0%
JULY 1, 2016 - JUNE 30, 2017	11.17%	26.38%	29.16%	0%
JULY 1, 2017 - JUNE 30, 2019	11.38%	29.43%	31.89%	0%
JULY 1, 2019 - JUNE 30, 2021	11.17%	28.43%	30.09%	0%
JULY 1, 2021 - JUNE 30, 2023	14.06%	33.88%	32.99%	0%
JULY 1, 2023 - JUNE 30, 2025	13.53%	31.28%	30.35%	0%
JULY 1 , 2025 - JUNE 30, 2027	12.75%	30.95%	29.15%	0%

<sup>\*</sup>Town and Employee do not contribute 6.2% to Social Security for Police and Fire.

# NH RETIREMENT COSTS COMPARISON BY DEPARTMENT (GENERAL FUND OPERATING BUDGET ONLY)

NH RETIREMENT	E	2022 (PENDED	E	2023 XPENDED	E	2024 XPENDED	Α	2025 APPROVED				- I.				2026 ROPOSED	IN 202	OOLLAR CREASE 25 - 2026 OPOSED	PERCENTAGE INCREASE 2025 - 2026 PROPOSED
YEARLY TOTAL	\$	1,713,401	\$	1,742,228	\$	1,789,220	\$	1,891,400	\$	1,933,810	\$	42,410	2.2%						
TOTAL FTE		85		84		85		87		86									
POLICE	\$	612,773	\$	630,306	\$	614,438	\$	646,700	\$	673,960	\$	27,260	4.2%						
POLICE TOTAL FTE		21		21		21	·	21		21									
FIRE	\$	754,297	\$	744,246	\$	782,516	\$	825,300	\$	846,210	\$	20,910	2.5%						
FIRE TOTAL FTE		25		24		24		26		26									
ALL OTHER EMPLOYEES	\$	333,281	\$	353,243	\$	380,966	\$	404,900	\$	398,480	\$	(6,420)	-1.6%						
ALL OTHER EMPLOYEES FTE		39		<b>39</b>		40		40		39									
*SPECIAL DETAILS - POLICE	\$	8,434	\$	7,477	\$	7,780	\$	9,300	\$	10,060	\$	760	8.2%						
*SPECIAL DETAILS - FIRE	\$	4,616	\$	6,956	\$	3,520	\$	5,200	\$	5,100	\$	(100)	-1.9%						

SPECIAL DETAILS POLICE AND FIRE COSTS ARE REIMBURSED BY THE CONTRACTORS WHO SERVICE IS PROVIDED TO:

### **DEBT SUMMARIES**

General Fund
Water Fund
Wastewater Fund
Parking Fund
Churchill Rink Fund
Downtown Tax Increment Financing District

# DEBT SUMMARY GENERAL FUND

Per RSA 33:4-a Debt Limit, Municipalities – "Towns shall not incur net indebtedness to an amount, at any one time outstanding exceeding 3 percent of their valuation determined as hereinafter provided."

Durham 2024 Base Valuation for Debt Limits established by NHDRA 3% of total valuation (debt limit allowed)
Durham's current outstanding General Fund debt
Durham Authorized and Unissued Projects

\$1,866,124,968 \$ 55,983,749 \$ 14,134,045 or 25.2%

\$ 11,864,169

### GENERAL FUND

### STATEMENT OF LONG-TERM INDEBTEDNESS AND PAYMENTS 01-01-25 through 12-31-25

GENERAL FUND	LOAN DATE	ORIGINAL PRINCIPAL	RATE	MATURITY DATE	PRINCIPAL PAID 2025	INTEREST PAID 2025	PRINCIPAL BALANCE AS OF 12/31/25
2006 General Obligation Bond (includes Land Conservation)	11/15/2006	\$2,929,216	3.9555%	11/15/2026	\$94,076	\$7,526	\$94,034
2010 General Obligation Bond	7/22/2010	\$674,100	3.5512%	08/15/2025	\$20,000	\$1,000	\$0
2012 General Obligation Bond (includes Library)	8/30/2012	\$4,560,000	1.8990%	08/30/2032	\$185,000	\$28,953	\$1,020,000
2013 General Obligation Bond	9/6/2013	\$1,028,000	3.4430%	09/06/2033	\$35,000	\$12,381	\$280,000
2014 General Obligation Bond	7/17/2014	\$2,168,000	3.0428%	08/15/2034	\$65,000	\$20,225	\$460,000
2016 General Obligation Bond	1/12/2017	\$1,189,000	2.2000%	01/15/2027	\$73,720	\$4,055	\$147,440
2018 General Obligation Bond	1/10/2018	\$3,669,010	2.8635%	08/15/2038	\$265,000	\$71,873	\$1,590,000
2019 General Obligation Bond	1/19/2019	\$697,050	2.1300%	02/15/2029	\$65,000	\$7,250	\$112,000
2020 General Obligation Bond	7/14/2020	\$774,775	1.6700%	08/15/2040	\$85,000	\$17,700	\$315,000
2022 General Obligation Bond	1/6/2022	\$1,366,100	1.6400%	02/15/2032	\$178,350	\$45,972	\$830,850
2023 General Obligation Bond	1/10/2023	\$1,328,760	3.3600%	02/15/2043	\$161,770	\$52,054	\$1,005,200
2024 General Obligation Bond	1/9/2024	\$420,010	2.8900%	02/15/2029	\$86,500	\$19,215	\$333,510
2025 General Obligation Bond	7/15/2025	\$6,735,500	4.2200%	08/15/2045	\$0	\$0	\$6,735,500
2025 SRLF - Edgewood Road at Littlehale Creek	10/14/2025	\$825,807	5.3600%	11/01/2044	\$41,290	\$11,468	\$784,517
2025 SRLF - Madbury Road at Littlehale Creek	10/14/2025	\$448,415	5.6360%	11/01/2044	\$22,421	\$7,391	\$425,994
		\$28,813,743			\$1,378,127	\$307,063	\$14,134,045

GENERAL FUND
AUTHORIZED AND UNISSUED PROJECTS

PROJECT YEAR	RESOLUTION NUMBER	DATE OF RESOLUTION	ACCOUNT NUMBER	DESCRIPTION	AMOUNT
2003	Warrant Article	03/11/2003	07-0416	Land Purchase	\$ 880,000
2014	2013-28	12/16/2013	07-1481	Stormwater Management System Improvements	\$ 499,500
2019	2018-23	12/17/2018	07-1972	Fire Station Upgrade	\$ 177,000
2021	2020-21	12/22/2020	07-2112	GIS Program	\$ 66,700
2021	2020-21	12/22/2020	07-2172	Fire Station Climate Control System	\$ 150,000
2022	2021-15	12/20/2021	07-2212	GIS Program	\$ 75,000
2022	2021-15	12/20/2021	07-2284	Mill Road Culvert over Oyster River	\$ 375,000
2022	2021-15	12/20/2021	07-2285	Oyster River Dam (Mill Pond)	\$ 1,475,000
2023	2022-28	12/19/2022	07-2366	Drainage System Rehabilitation Program	\$ 408,000
2024	2023-30	12/04/2023	07-2405	Pickup Truck Replacement	\$ 17,500
2024	2023-30	12/04/2023	07-2408	Collection Vehicle Replacement/Automate	\$ 1,213,919
2024	2023-30	12/04/2023	07-2412	Budgeting Software Package	\$ 40,000
2024	2023-30	12/04/2023	07-2421	Decorative Light Pole Painting	\$ 50,000
2024	2023-30	12/04/2023	07-2426	Salt Brine Maker and Tank	\$ 45,000
2024	2023-30	12/04/2023	07-2466	Drainage System Rehabilitation Program	\$ 864,250
2024	2023-30	12/04/2023	07-2472	Replace Apparatus Bay Overhead Doors	\$ 150,000
2024	2023-30	12/04/2023	07-2497	Transfer Station Facility Improvements	\$ 350,000
2025	2024-26	12/16/2024	07-2506	Dump Truck Replacement	\$ 240,000
2025	2024-26	12/16/2024	07-2542	Refurbish 2012 Marion Tanker	\$ 100,000
2025	2024-26	12/16/2024	07-2566	Drainage System Rehabilitation Program	\$ 85,000
ALL UNISSI	JED GENERAL F	UND PROJECTS			\$ 7,261,869

# DEBT SUMMARY WATER FUND

Durham 2024 Base Valuation for Debt Limits established by NHDRA 10% of total valuation (debt limit allowed)
Durham's current outstanding Water Fund debt
Durham Authorized and Unissued Projects

\$1,866,124,968 \$ 186,612,496 \$ 5,055,445 or .03% \$ 3,755,000

### **WATER FUND**

### STATEMENT OF LONG-TERM INDEBTEDNESS AND PAYMENTS 01-01-25 through 12-31-25

WATER FUND	LOAN DATE	ORIGINAL PRINCIPAL	RATE	MATURITY DATE	PRINCIPAL PAID 2025	INTEREST PAID 2025	PRINCIPAL BALANCE AS OF 12/31/25
2006 General Obligation Bond	11/15/2006	\$545,469	3.9555%	11/15/2026	\$25,262	\$2,021	\$25,260
2008 General Obligation Bond	11/15/2008	\$724,900	4.8526%	11/15/2028	\$36,400	\$6,497	\$109,200
2014 General Obligation Bond	7/17/2014	\$784,000	3.0428%	08/15/2034	\$40,000	\$14,985	\$345,000
2015 General Obligation Bond	8/25/2015	\$459,038	2.0000%	09/01/2025	\$69,685	\$1,394	\$0
2020 General Obligation Bond	7/14/2020	\$672,650	1.6700%	08/15/2040	\$35,000	\$17,910	\$475,000
2022 General Obligation Bond	1/6/2022	\$448,150	1.6400%	02/15/1932	\$47,475	\$16,381	\$305,725
2023 General Obligation Bond	1/10/2023	\$81,140	2.8500%	02/15/2028	\$18,580	\$2,716	\$43,960
2025 General Obligation Bond	7/15/2025	\$3,751,300	4.2200%	08/15/1945	\$0	\$0	\$3,751,300
		\$7,466,647			\$272,402	\$61,904	\$5,055,445

### WATER FUND AUTHORIZED AND UNISSUED PROJECTS

PROJECT YEAR	RESOLUTION NUMBER	DATE OF RESOLUTION	ACCOUNT NUMBER	DESCRIPTION	A	MOUNT
2014	2013-28	12/16/2013	07-1424	Wiswall Dam Spillway	\$	36,150
2015	2014-15	12/15/2014	07-1524	Wiswall Dam Spillway	\$	90,000
2025	2024-26	12/16/2024	07-2592	Madbury Road Waterline Replacement	\$	490,600
ALL UNISSI	UED WATER FU	ND PROJECTS			\$	616,750

# DEBT SUMMARY WASTEWATER FUND

**Durham's current outstanding Wastewater Fund debt Durham Authorized and Unissued Projects** 

\$ 9,593,142

5,270,000

### **WASTEWATER FUND**

### STATEMENT OF LONG-TERM INDEBTEDNESS AND PAYMENTS 01-01-25 through 12-31-25

WASTEWATER FUND	LOAN DATE	ORIGINAL PRINCIPAL	RATE	MATURITY DATE	PRINCIPAL PAID 2025	INTEREST PAID 2025	PRINCIPAL BALANCE AS OF 12/31/25
2013 SRF - Dover Road Pump Station/Aeration Blowers	10/29/2013	\$1,313,272	2.7200%	10/29/2032	\$65,664	\$14,288	\$459,645
2014 SRF - Old Concord Road Pump Station	2/1/2015	\$207,824	3.1400%	02/01/2034	\$10,391	\$3,225	\$93,520
2021 SRLF - Dover Road Force Main	2/1/2020	\$1,815,342	2.0000%	02/01/2040	\$90,767	\$29,045	\$1,361,506
2021 SRLF - Grit Project	4/1/2020	\$816,764	2.0000%	04/01/2040	\$40,838	\$13,068	\$612,573
2006 General Obligation Bond	11/15/2006	\$325,469	3.9555%	11/15/2026	\$15,662	\$1,253	\$15,663
2008 General Obligation Bond	11/15/2008	\$1,663,860	4.8525%	11/15/2028	\$73,600	\$13,138	\$220,800
2010 General Obligation Bond	7/22/2010	\$709,900	3.5512%	08/15/2030	\$30,000	\$5,408	\$130,000
2013 General Obilgation Bond	09/06/2013	\$2,500,000	3.4430%	09/06/2023	\$120,000	\$53,063	\$1,225,000
2014 General Obligation Bond	7/17/2014	\$783,000	3.0428%	08/15/2034	\$40,000	\$14,985	\$345,000
2015 General Obligation Bond	8/25/2015	\$1,615,962	2.0000%	09/01/2025	\$245,314	\$4,906	\$0
2016 General Obligation Bond	1/12/2017	\$345,000	2.2000%	01/15/2027	\$34,500	\$1,898	\$69,000
2018 General Obligation Bond	1/10/2018	\$207,455	2.8635%	08/15/2038	\$20,000	\$2,805	\$45,000
2019 General Obligation Bond	1/19/2019	\$573,850	2.1300%	02/15/2029	\$30,000	\$5,870	\$105,000
2022 General Obligation Bond	1/6/2022	\$279,250	1.6400%	02/15/2032	\$30,575	\$10,090	\$187,525
2023 General Obligation Bond	1/10/2023	\$1,227,300	3.3600%	02/15/2043	\$68,420	\$51,678	\$1,090,450
2024 General Obligation Bond	1/9/2024	\$884,910	2.8900%	02/15/2029	\$180,300	\$40,553	\$704,610
2025 General Obligation Bond	7/15/2025	\$2,927,850	4.2200%	08/15/1945	\$0	\$0	\$2,927,850
	,	\$18,197,008			\$1,096,031	\$265,273	\$9,593,142

#### WASTEWATER FUND AUTHORIZED AND UNISSUED PROJECTS

PROJECT YEAR	RESOLUTION NUMBER	DATE OF RESOLUTION	ACCOUNT NUMBER	DESCRIPTION	AMOUNT	
2014	2013-28	12/16/2013	07-1433	WWTP Phase III	\$	172,700
2017	2016-16	12/12/2016	07-1737	Woodman Road Sewer Improvements	\$	185,000
2023	2022-28	12/19/2022	07-2332	Collection System Upgrade - Town Only	\$	47,500
2023	2022-28	12/19/2022	07-2334	WWTP Major Components Rehabilitation	\$	700,000
2023	2022-28	12/19/2022	07-2339	Wastewater Facilities Plan - 2023	\$	425,000
2023	2022-28	12/19/2022	07-2393	Madbury Road Sewer Main Replacement	\$	150,000
2024	2023-30	12/04/2023	07-2432	Collection System Upgrade - Town Only	\$	65,000
2024	2023-30	12/04/2023	07-2439	Wastewater Facilities Plan - 2024	\$	425,000
2025	2024-26	12/16/2024	07-2532	Collection System Upgrade - Town Only	\$	65,000
2025	2024-26	12/16/2024	07-2539	Wastewater Facilities - 2025	\$	425,000
ALL UNISSUED WASTEWATER FUND PROJECTS						2,660,200

# DEBT SUMMARY PARKING FUND

**Durham's current outstanding Parking Fund debt** 

216,285

### **PARKING FUND**

### STATEMENT OF LONG-TERM INDEBTEDNESS AND PAYMENTS 01-01-25 through 12-31-25

PARKING FUND	LOAN DATE	ORIGINAL PRINCIPAL	RATE	MATURITY DATE	PRINCIPAL PAID 2025	INTEREST PAID 2025	PRINCIPAL BALANCE AS OF 12/31/25
2023 General Obligation Bond	1/10/2023	\$46,100	2.8500%	02/15/2028	\$9,220	\$2,116	\$27,660
2024 General Obligation Bond	1/9/2024	\$105,425	2.8900%	02/15/2029	\$21,500	\$4,828	\$83,925
2025 General Obligation Bond	7/15/2025	\$104,700	4.2200%	08/15/1945	\$0	\$0	\$104,700
		\$256,225			\$30,720	\$6,944	\$216,285

# DEBT SUMMARY CHURCHILL RINK FUND

**Durham Authorized and Unissued Projects** 

663,200

# CHURCHILL RINK FUND STATUS OF AUTHORIZED DEBT OUTSTANDING AUTHORIZED AND UNISSUED PROJECTS

PROJECT YEAR	RESOLUTION NUMBER	DATE OF RESOLUTION	DESCRIPTION	AMOUNT	
2020	2019-29	12/16/2019	Churchill Rink Facility Renovations	\$	600,000.00
2021	2020.21	12/22/2020	Churchill Rink Facility Renovations	\$	63,200
ALL UNISSUED CHURCHILL RINK FUND PROJECTS					663,200

# DEBT SUMMARY DOWNTOWN TAX INCREMENT FINANCING DISTRICT

Per RSA 162-K:8 Issuance of Bonds - "The municipality may authorize, issue and sell general obligation bonds, which shall mature within 30 years from the date of issue, to finance the acquisition and betterment of real and personal property needed to carry out the development program within the development district................... the bonds shall not be included when computing the municipality's net debt under RSA 33."

**Durham's current outstanding TIF District Fund debt** 

\$ 554,670

#### **DOWNTOWN TIF DISTRICT**

#### STATEMENT OF LONG-TERM INDEBTEDNESS AND PAYMENTS 01-01-25 through 12-31-25

TIF DISTRICT	LOAN DATE	ORIGINAL PRINCIPAL	RATE	MATURITY DATE	PRINCIPAL PAID 2025	INTEREST PAID 2025	PRINCIPAL BALANCE AS OF 12/31/25
2022 General Obligation Bond	1/6/2022	\$620,700	1.6400%	02/15/2042	\$31,100	\$19,362	\$527,400
2023 General Obligation Bond	1/10/2023	\$36,370	2.6900%	02/15/2031	\$4,550	\$1,275	\$27,270
		\$657,070			\$35,650	\$20,637	\$554,670

## **OUTSIDE AGENCIES REQUESTS**

McGregor Memorial EMS
Community Action Partnership of Strafford County
Court Appointed Special Advocates (CASA) of NH
HAVEN Violence Prevention & Support Services
Big Brothers Big Sisters of New Hampshire
Ready Rides
Strafford Nutrition & Meals on Wheels
Cornerstone VNA
Twenty-One Senses

# Town of Durham Request for Funding for Social Service Agencies for the FY 2026 Budget Year (January 1, 2026 –December 31, 2026)

For your organization's funding request to be considered, **complete applications must be received no later than Tuesday, August 26, 2025**. Applications should be sent to:

Gail Jablonski Business Manager 8 Newmarket Road Durham, NH 03824

or via e-mail to: gjablonski@ci.durham.nh.us

Gail Jablonski can be reached by phone at (603) 590-1378.

Name of Organization: IVICGregor IVIEMORIAL EWIS
Organization's Fiscal Year (for example: Jan 1 – Dec 31 or Jul 1 – June 30): Jan 1 – Dec 31
Key Contact Person: Chris Lemelin
Mailing Address: 47 College Road, Durham, NH 03824
Telephone Number: 603-862-3674 E-mail address: CLemelin@mcgregorems.org
Amount of funding requested from the Town of Durham \$ 158,336
Attach a prospectus of the organization outlining its mission, the specific programs provided, and who is served.
$\square$ Describe how these funds will be used (attach statement if additional space is required).
Please see our separate appropriation request letter.

Does the organization receive funding from other municipalities?	XX	YES	NO
If yes, list the other Towns or Cities providing funding and the amo	unt of	funding	provided

	FY 2023	FY 2024	FY 2025
Name of Town or City	Received	Received	Received/Anticipated
Durham	\$46,942	\$147,718	\$153,605
UNH	\$18,111	\$46,426	\$56,616
Lee	\$31,394	\$93,407	\$89,363
Madbury	\$6,604	\$21,602	\$21,936

Does the organization	provide services to	Durham residents?	XX	YES	NC

If yes, please provide information in the table below on the number of Durham residents relative to the total number of clients served. This information should be made available for each category of services or programs provided to Durham residents. If the size of the table below is not adequate, please provide an attachment with this information.

If you are unable to provide this information, please (a) attach a statement detailing why this information is not available; and (b) provide a statement on how your organization directly benefits the citizens of the Town of Durham.

Program #1 Description:	FY 2023	FY 2024	FY 2025 Clients
	<b>Clients Served</b>	Clients Served	Served/Anticipated
Residents of <u>Durham</u>	1030 responses	995 responses	1010 responses
Residents of UNH	443 responses	424 responses	435 responses
Residents of <u>Lee</u>	546 responses	564 responses	560 responses
Residents of Madbury	158 responses	199 responses	165 responses
Residents of Other	275 responses	278 responses	275 responses
Total Clients Served	2452 responses	2460 responses	2,445 responses
Program #2 Description:			
		,	
Residents of Durham			·
Residents of			
Total Clients Served			

## For your application to be considered complete, please respond fully to the following questions:

☐ Please describe how you arrive at the amount of funding you are requesting from the Town of Durham. (Attach statement if additional space is required):

Every year, McGregor evaluates the cost of running the service and makes projections regarding patient billing trends, call volume, donations, and other funding sources. Historically, there has been a gap between these sources of income and the cost of running a high-quality ambulance service.

The money requested from all of the communities served by McGregor represents what is needed to close this gap and maintain the current level of service provided to the communities served.

The funding request is significantly less because of the dedication of our volunteers, who still provide the vast majority of our ambulance coverage and represent the bulk of our workforce.

Historically, we have used a formula to calculate overall appropriation requests for all the communities combined, and this year's request fits within that formula, albeit with a more significant portion of the "paid EMS personnel" costs than we have used historically. These costs mostly represent the 24 x 7 paramedic coverage provided. We allocate this total appropriation amount to the communities served based on their respective call volume. As always, McGregor voluntarily absorbs a portion of these costs as well.

In addition to our letter, we also anticipate meeting with town officials who want more information and are always happy to meet with additional stakeholders as well.

☐ What would be the impact to Durham residents if the services provided by your organization were not available? (Attach statement if additional space is required):

The "fee for service" received by McGregor for patient transports (from private and public insurance as well as patients) covers only a portion of the cost of operating a high-quality emergency medical service. Our budget request letter details some of these factors in greater detail. Community contributions allow us to maintain a reasonably up-to-date complement of patient care equipment, a reserve ambulance, and a high level of training for our personnel. For the reasons noted in our appropriation request letter, these funds also enable us to pay our paramedics a competitive wage.

In addition, McGregor has a debt forgiveness program with the aim of helping our patients defray the unexpected cost of ambulance bills, which are not covered by their insurance. The goal of this program is to ensure that no patient is afraid to seek emergency medical services because of a potential ambulance bill.

None of this would be possible without support from the community. I urge members of the community to review our appropriation request letter for more information on how we are managing these challenges. We are also happy to meet with individuals interested in more information.



## McGregor Memorial EMS

"Committed to Compassionate Excellence"



TEL: 603.862.3674 FAX: 603.862.4415 Chris Lemelin
Executive Director
CLemelin@McGregorEMS.org

47 COLLEGE RD DURHAM, NH 03824

July 1, 2025

RE: 2026 Appropriation Request - \$158,336

**Dear Community Partners:** 

Included with this letter is the appropriation request for McGregor EMS for 2026. As in past years, this request is based on the cost of operating the service minus the expected revenue collected from patient billing. Unfortunately, many ambulance services, both locally and nationally, continue to struggle. Yet McGregor remains in a sustainable financial position thanks to our volunteers who gave over 35,650 hours in 2024, along with careful financial management. As we evaluate the environment in which we operate, there is significant uncertainty; however, we have worked to balance this uncertainty against our commitment to keeping appropriation requests as low as possible.

There are some key issues that we are monitoring as we move forward. These include:

- Rising Medical and Capital Equipment Costs: Our newest ambulance to replace our 2012 model will cost \$300,000 over \$100,000 more than the ambulance purchased in 2018. We are also carefully monitoring how tariffs will impact the cost of supplies and equipment are often imported from abroad. Materials such as gloves, syringes, blood pressure cuffs, IV saline bags, and AED pads are all among the supplies imported. We have already experienced supply chain disruptions. We are working to actively manage and mitigate these costs by participating in buying collectives and maintaining multiple supply vendors.
- Ongoing Increases in Compensation Costs: I have previously discussed the paramedic
  workforce shortage. The recent loss of Exeter ALS has exacerbated this situation as more
  individual communities look to recruit paramedics to fill the gap. Competition for experienced,
  high-quality paramedics remains fierce. A recent survey conducted by Epping Fire found that
  the average paramedic wage now exceeds \$35 per hour—a sharp increase from what was seen
  in prior years. While McGregor has successfully retained a strong workforce due to our positive
  culture and fly-car model, we continue to face significant wage pressure. Retaining a welltrained paramedic cadre is critical to ensuring high-quality patient care.

#### **Insurance Uncertainty:**

McGregor is closely monitoring how federal changes to Medicaid and healthcare exchanges could impact the organization. In addition to Medicaid changes, it also appears that certain federal incentives designed to offset insurance premiums are at risk of expiring. The expiration of these incentives is projected to reduce private insurance enrollment. McGregor provides care regardless of insurance status or ability to pay. Thus, any changes that decrease insurance enrollment will also inevitably impact reimbursement.

McGregor has also been closely monitoring and participating in state-level advocacy in collaboration with the New Hampshire Ambulance Association. I am pleased to share that the New Hampshire

#### McGregor Memorial EMS

legislature has passed SB 245-FN, which, if signed by the governor as expected, will do two significant things to benefit patients and ambulance providers statewide:

- 1. **Eliminate the practice of balance billing -** most ambulance services in New Hampshire, including McGregor, have utilized balance billing to offset the artificially low reimbursement received from private insurers. This bill eliminates this practice to the benefit of patients.
- 2. **Increase payments to ambulance services** In an attempt to make up for the revenue lost from balance billing, the legislation mandates an increase in reimbursement by NH controlled insurance to 325% of the federally set Medicare rate through 2027.

The elimination of balance billing is highly beneficial for patients and, therefore, is something I have advocated for at the state level. We expect the net financial impact of this change to be roughly neutral but will closely monitor its impact on reimbursement, as only a minority of private insurance companies will be obligated to pay the higher fee. Moreover, we will be closely monitoring and participating in the process to revise this reimbursement rate when it expires at the end of 2027.

**Conclusion**: As has been the case for the past several years, while significant challenges remain for EMS services, McGregor remains well-positioned to provide exceptional value for many reasons:

- 1. **The Dedication of our Volunteers** The continued dedication of our volunteers is the backbone of McGregor, enabling us to provide one of, if not the highest level of ambulance availability in the region while saving countless dollars in personnel costs.
- 2. **Regional Nature of the Service** By serving four communities, McGregor provides a higher quality of service at a lower cost than any community would pay individually, since each community's contribution to McGregor represents only a proportional share of the total cost.
- 3. **Diversified Revenue Streams** McGregor continues to benefit from our educational and other programs, which help to offset some of our overhead costs while also serving as a recruitment tool for volunteers and staff. Additionally, McGregor continues to aggressively apply for grants and aid where available and, in 2025, took receipt of \$144,000 in federal ERC money that has been earmarked for future capital purchases.

The staff and volunteers at McGregor remain committed to providing exceptional and compassionate care to our communities and patients. While this letter has briefly summarized some of the issues we are dealing with, I always welcome the opportunity to provide greater detail on these or other issues we are managing. Transparency is a core value at McGregor, and I remain available to meet with community leaders or stakeholders to answer any questions they have. Please do not hesitate to reach out to me to schedule a meeting.

Sincerely,

Chris Lemelin

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#### **Ambulance Billing Rates Survey**

McGregor EMS   Surrounding Communities							  'All	owable" Ra	ates		
Service	Proposed 2026	Current 2025	Dover Fire & Rescue	Epping	Nottingha m	Barrington	Newington	Newmarke t	SB 245	Medicare	NH Medicai
BLS Emergency	\$1,514	\$1,076	\$886	\$1,205	\$499	\$752	\$1,293	\$896	\$1,514	\$466	\$44
ALS1 Emergency	\$1,798	\$1,797	\$1,645	\$1,950	\$593	\$1,251	\$2,099	\$1,462	\$1,798	\$554	\$52
ALS2 Emergency	\$2,603	\$2,804	\$2,599	\$3,010	\$777	\$1,939	\$3,194	\$2,189	\$2,603	\$801	\$76
Mileage	\$28.30	\$26.00	\$20.00	\$32.00	\$8.53	\$19.84	\$34.00	\$18.29	\$29.00	\$9.15	\$8.7

	McGregor EMS	<u>Dover</u>	<u>Epping</u>	<u>Nottingha</u>	Barrington	Newington	Newmarke
Anthem	No	Yes	No	Yes	No	Yes	No
All Other Private	No	No	No	No	No	No	No
Medicare	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Medicaid	Yes	Yes	Yes	Yes	Yes	Yes	Yes

Note: For the sake of simplicity, this chart lists the charges that impact the vast majority of our patients. Charges that impact less than a few patients annually (e.g. non-emergency rates) are not listed but will be provided upon request.



#### **2026 Appropriation Request**

In 2021 all of the communities served by McGregor agreed to allocate appropriations based on call volume using a three year rolling average as opposed to a single year. The figures below reflect this change.

		Responses		3-Year Avg	2026				2025	
	2022	2023	2024	Calls	Requested Approp.	(	Change	Re	equested	
Durham	957	1030	995	47%	\$ 158,336	\$	4,731	\$	153,605	3%
UNH	325	443	424	19%	\$ 63,292	\$	6,676	\$	56,616	12%
Lee	566	546	564	26%	\$ 88,991	\$	(372)	\$	89,363	0%
Madbury	142	158	199	8%	\$ 26,495	\$	4,559	\$	21,936	21%
Subtotal (McGr Communities)	1990	2177	2182	100%	\$ 337,114	\$	15,594	\$	321,520	4.9%
Mutual Aid	302	275	278							
Grand Total Responses	2292	2452	2460							

#### McGregor Memorial EMS: 2026 EMS Budget Projections

As of June, 2025

	As of June, 2025	
Income		
	2026 Budget	
Total Appropriations	337,114	
Donations	35,000	
Miscellaneous Income	15,000	Ambulance related only (primarily paid standbys)
Billing (ambulance calls & medic intercepts)	1,057,219	
Total Income	1,444,333	
Expenses		
Attendants	61,750	
ALS Intercepts	1,490	
Station, Storage Unit Lease, Station Maint.	41,000	` <u></u>
Legal, Accounting, Payroll & Other Services	36,685	
Dispatch Services	29,925	
Filing, Government, and Bank Fees	4,143	
Fuel	28,798	
Development	5,950	
Insurance	67,500	
Maintenance	54,394	Vehicle and medical equipment maintenance
Medical Supplies & Equipment	58,500	Supplies and non-capital equipment
Office Supplies & Equipment	15,250	
Patient Billing Fees	58,647	
Payroli Expenses		
Benefits	59,000	Excludes portion of staff time dedicated solely to Institute teaching or MIH. Includes staff time whe
Payroll Tayes	709,585 58,541	they are providing EMS coverage but doing
Taxes Total Payroll Expenses	827,126	Institute or MIH administrative work.
Preventative Healthcare	4,000	Vaccines, EAP, other preventative healthcare
Protective Clothing	8,000	Uniforms; protective clothing; etc.
Recruitment, Outreach, Prevention & Rehab	5,000	
Communications & Scheduling	35,425	Includes new portable radios
Training	30,750	Training, prof. development, scholarships
Total Operating Expenses	1,374,333	
Capital Reserve Allocation	120,000	Includes depreciation & other money for future capital purchased
Grand Total Expense	1,494,333	William para
EMS total (without Institute support)	(50,000)	
Ambulance costs covered by MIH & Institute Revenue	50,000	Includes contribution for Institute staff who provid EMS coverage while doing Institute administrative work as well as the institute's contribution to overhead costs

Ambulance total (with Institute & MIH* support)	0	

<sup>\*</sup> Note: The term "MIH" refers to Mobile Integrative Health (aka Community Paramedicine)

# Town of Durham Request for Funding for Social Service Agencies for the FY 2026 Budget Year (January 1, 2026 – December 31, 2026)

For your organization's funding request to be considered, **complete applications must be received no later than Tuesday, August 26, 2025**. Applications should be sent to:

Gail Jablonski Business Manager 8 Newmarket Road Durham, NH 03824

or via e-mail to: gjablonski@ci.durham.nh.us

Gail Jablonski can be reached by phone at (603) 590-1378.

Name of Organization:	Community Act	tion Partnership of S	Strafford County						
Organization's Fiscal Year (	for example: Jan	1 – Dec 31 or Jul 1 –	June 30):	Jan 1 -Dec 31					
Key Contact Person: John Moynihan, Chief Advancement Officer									
Mailing Address: 577 Central Avenue, Suite 10, Dover, NH 03820									
Telephone Number: <u>603.</u>	435.2500	E-mail address:	jmoynihan@st	traffordcap.org					
Amount of funding reques	ted from the Tow	n of Durham \$	\$4,000						
Attach a prospectus of the organization outlining its mission, the specific programs provided, and who is served.									
☐ Describe how these fur	nds will be used (a	ttach statement if a	dditional space is	s required).					
Funding from the Town of Durham will help CAPSC continue to provide critical programs and resources for families in Durham and throughout Strafford County.									
Over the past several years, families in Strafford County have faced immense challenges. Housing costs continue to climb, gas prices have risen sharply, and the expense of putting food on the table has soared. Too many of our neighbors are being forced into impossible choices—between feeding their families and paying their bills. At CAPSC, we believe no one should ever have to make that choice. Support from the Town of Durham will ensure that families in our community can meet their basic needs without sacrifice.									

CAPSC helps individuals to meet basic needs like housing, heat, food, transportation, childcare, and more. In 2024, CAPSC served 19,882 individuals and provided \$14.5 million in goods and services to Strafford County residents, thereby reducing the burden on other County and

community services and changing countless lives for the better. Some of what the programs at CAPSC were able to accomplish includes:

- Providing 2,584 households with fuel assistance, valued at over \$2.7 million.
- Providing 3,112 households with electric assistance, valued at nearly \$1.3 million.
- Distributing 4,348 bags of food through CAPSC's food pantries.
- Serving 77,320 meals and snacks through our Early Care and Education programs.
- Providing 27,625 meals to children through our Summer Meals Program.
- Conducting weatherization improvements of \$929,541 for nearly 250 individuals.
- Providing 380 children and their families with services through our Early Care and Education programs.
- Providing family support programs to 271 families.
- Giving 5,056 rides to seniors to local grocery, retail, and convenience stores.

Does the organization receive funding from other municipalities?	X	YES	NO
If yes, list the other Towns or Cities providing funding and the amo	ount c	of funding	provided

	FY 2023	FY 2024	FY 2025
Name of Town or City	Received	Received	Received/Anticipated
Town of Barrington	\$2,000	\$2,000	\$2,000
City of Dover	\$11,500	\$11,500	\$11,500
Town of Lee	\$2,000	\$2,000	\$2,000
Town of Madbury	\$1,000	\$1,000	\$1,000
Town of Middleton	\$1,000	\$1,000	\$1,000
Town of Milton	\$4,000	\$4,000	\$4,000
Town of New Durham	\$2,000	\$2,000	\$2,000
City of Rochester	\$10,000	\$10,000	\$10,000
Town of Rollinsford	\$1,500	\$1,500	\$1,500
City of Somersworth	\$4,000	\$4,000	\$4,000
Town of Strafford	\$2,000	\$2,000	\$2,000

□ D	oes the organization	provide services	o Durham res	sidents? X	YES	NO
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If yes, please provide information in the table below on the number of Durham residents relative to the total number of clients served. This information should be made available for each category of services or programs provided to Durham residents. If the size of the table below is not adequate, please provide an attachment with this information.

If you are unable to provide this information, please (a) attach a statement detailing why this information is not available; and (b) provide a statement on how your organization directly benefits the citizens of the Town of Durham.

Program #1 Description:	FY 2022	FY 2023	FY 2024 Clients
Fuel and Electric Assistance	Clients Served	Clients Served	Served/Anticipated

	2022	223	2024
	52 households	44 households	For Durham A
	served; total	served; total	44 households
Residents of Durham	value of	value of	served; total value of
residents of Durnam	assistance	assistance	assistance provided:
	provided:	provided:	\$27,858.34
	\$53,644.65	\$26,822.33	
	271 households	278 households	
	served; total	served; total	298 households
Residents of Barrington	value of	value of	served; total value of
residents of Barrington	assistance	assistance	assistance provided:
	provided:	provided:	\$247,901.98
	\$302,476.52	\$213,657.77	
	1,108 households	942 households	
	served; total	served; total	1,045 households
Residents of Dover	value of	value of	served; total value of
residents of Dover	assistance	assistance	assistance provided:
	provided:	provided:	\$646,846.03
	\$1,132,978.28	\$645,263.28	
	481 households	501 households	
	served; total	served; total	506 households
Desidents of Formington	value of	value of	served; total value o
Residents of Farmington	assistance	assistance	assistance provided:
	provided:	provided:	\$448,838.09
	\$568,516.59	\$410,564.94	
	100 households	93 households	
	served; total	served; total	108 households
D1-1	value of	value of	served; total value of
Residents of Lee	assistance	assistance	assistance provided:
	provided:	provided:	\$97,159.17
	\$113,300.87	\$71,135.94	
	43 households	26 households	
	served; total	served; total	20 households
	value of	value of	served; total value o
Residents of Madbury	assistance	assistance	assistance provided:
	provided:	provided:	\$14,817.28
	\$51,751.81	\$19,981.07	
	95 households	102 households	
	served; total	served; total	118 households
	value of	value of	served; total value of
Residents of Middleton	assistance	assistance	assistance provided:
	provided:	provided:	\$116,760.24
	\$119,306.38	\$86,310.49	
	307 households	287 households	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
	served: total	served: total	287 households
	value of	value of	served: total value o
Residents of Milton	assistance	assistance	assistance provided:
	provided:	provided:	\$262,487.08
	\$357,227.66	\$243,770.89	L'ALLES AND
<u> </u>	88 households	83 households	94 households
Residents of New Durham	served; total	served; total	served; total value o

	value of assistance provided: \$117,213.57	value of assistance provided: \$55,413.33	assistance provided: \$73,708.55
Residents of Rochester	2,266 households served; total value of assistance provided: \$2,597,184.13	2,532 households served; total value of assistance provided: \$1,825,586.69	2,494households served; total value of assistance provided: \$1,802,863.78
Residents of Rollinsford	69 households served; total value of assistance provided: \$63,553.65	88 households served; total value of assistance provided: \$62,416.29	81 households served; total value of assistance provided: \$59,228.29
Residents of Somersworth	567 households served; total value of assistance provided: \$642,607.42	639 households served; total value of assistance provided: \$499,460.34	627 households served; total value of assistance provided: \$494,714.50
Residents of Strafford	90 households served; total value of assistance provided: \$107,578.30	81 households served; total value of assistance provided: \$60,975.36	86 households served; total value of assistance provided: \$69,844.09
Total Clients Served	5,537 households served; total value of assistance provided: \$6,227,339.83	5,696 households served; total value of assistance provided: \$4,221,358.72	5,808 households served; total value of assistance provided: \$4,363,027.42
Program #2 Description: <u>Homeless Prevention</u> <u>and Rental Assistance</u>	FY 2022 Clients Served	FY 2023 Clients Served	FY 2024 Clients Served/Anticipated
Residents of Durham	3 individuals served; total value of assistance provided: \$5,340.93	n/a	n/a
Residents of Barrington	7 individuals served; total value of	n/a	n/a

	assistance provided: \$12,239.01		
Residents of Dover	104 individuals served; total value of assistance provided: \$163,387.51	58 individuals served; total value of assistance provided: \$128,387.67	28 individuals served; total value of assistance provided: \$73,331.84
Residents of Farmington	24 individuals served; total value of assistance provided: \$56,039.99	14 individuals served; total value of assistance provided: \$43,904.47	9 individuals served; total value of assistance provided: \$26,666.12

		T	· · · · · · · · · · · · · · · · · · ·
	4 individuals	5 individuals	
•	served; total	served; total	
Residents of Lee	value of	value of	n/a
hesidents of Lee	assistance	assistance	11/4
	provided;	provided;	
	\$7,205.93	\$9,358.00	
	1 individual		
	served; total		
Residents of Madbury	value of	n/a	7/2
Residents of Madbury	assistance	n/a	n/a
	provided:		
	\$1,463.04		
	1 individual		
	served; total		
5 11 1 (54111)	value of	,	
Residents of Middleton	assistance	n/a	n/a
	provided:		·
	\$1,585.84		
	7 individuals	2 individuals	
	served; total	served; total	2 individuals served;
	value of	value of	total value of
Residents of Milton	assistance	assistance	assistance provided:
	provided:	provided:	\$6,666.53
	\$12,059.96	\$3,810.00	, , , , , , , , , , , , , , , , , , , ,
	1 individual	75,610.00	
	served; total		
	value of		
Residents of New Durham	assistance	n/a	n/a
•	provided:		
	\$2,978.47		
	129 individuals	136 individuals	
	served; total	served; total	65 individuals served;
	value of	value of	total value of
Residents of Rochester	assistance		
•		assistance	assistance provided:
	provided:	provided:	\$153,330.21
	\$226,032.53	\$281,416.88	
	4 individuals	5 individuals	
	served; total	served; total	
Residents of Rollinsford	value of	value of	n/a
	assistance	assistance	
	provided:	provided:	i i
	\$6,721.86	\$2,555.00	
	52 individuals	21 individuals	
	served; total	served; total	12 individuals served;
Residents of Somersworth	value of	value of	total value of
nesidents of somersworth	assistance	assistance	assistance provided:
	provided:	provided:	\$33,332.65
	\$64,944.71	\$23,918.03	
Residents of Strafford	1 individual	n/a	n/a
Nesidents of Stranord	served; total	11/4	1,7 4

	value of assistance provided: \$1,970.29		
Total Clients Served	338 individuals served; total value of assistance provided: \$561,970.07	individuals served; total value of assistance provided: \$492,936.05	122 individuals served; total value of assistance provided: \$306,660.41

Program #3 Description:	FY 2022	FY 2023	FY 2024 Clients
Senior Transportation	Clients Served	Clients Served	Served/Anticipated
Residents of Durham	Rides provided to 14 individuals; total value of services: \$8,071.04	Rides provided to 6 individuals; total value of services: \$6,133.50	Rides provided to 7 individuals; total value of services: \$6,937.20
Residents of Barrington	n/a	n/a	n/a
Residents of Dover	Rides provided to 44 individuals; total value of services: \$20,280.76	Rides provided to 42 individuals; total value of services: \$33,036.30	Rides provided to 47 individuals; total value of services: \$32,091.60
Residents of Farmington	n/a	Rides provided to 1 individual; total value of services: \$169.20	Rides provided to 1 individual; total value of services: \$32,091.60
Residents of Lee	n/a	Rides provided to 1 individual; total value of services: \$141.00	Rides provided to 1 individual; total value of services: \$197.4
Residents of Madbury	n/a	Rides provided to 1 individual; total value of services: \$28.20	n/a
Residents of Middleton	n/a	n/a	n/a
Residents of Milton	Rides provided to 3 individuals; total value of services: \$453.30	Rides provided to 4 individuals; total value of services: \$2,453.4	Rides provided to 3 individuals; total value of services: \$3,327.60
Residents of New Durham	n/a	n/a	n/a
Residents of Rochester	Rides provided to 38 individuals; total value of services:	Rides provided to 31 individuals; total value of services:	Rides provided to 36 individuals; total value of services: \$25,120.80

Residents of Strafford	services: \$441.67	\$2,425.20 n/a	\$1,748.40 n/a
Residents of Rollinsford Residents of Somersworth	n/a Rides provided to 1 individual; total value of	n/a Rides provided to 3 individuals; total value of services:	n/a Rides provided to 2 individuals; total value of services:
esidents of Rollinsford			

Program #4 Description:	FY 2022	FY 2023	FY 2024 Clients
Home Visiting	Clients Served	Clients Served	Served/Anticipated
<u>Program</u>			
	1 family served;	1 family served;	7 families served;
Residents of Durham	total value of	total value of	total-value of
Residents of Duridin	services:	services:	services: \$20,825.97
	\$3,049.64	\$3165.07	3C1 VICC3. \$20,023.37
	9 families		2 families served;
Residents of Barrington	served; total	n/a	total value of
Residents of Barrington	value of services:	11/4	services: \$18,690.30
	\$14,689.83		3ervices. \$10,030.30
	96 families	81 families	74 families served;
Residents of Dover	served; total	served; total	total value of
Residents of Dover	value of services:	value of services:	services: \$224,018.37
	\$161,915.54	\$188,675.87	services. \$224,010.57
	29 families	13 families	9 families served;
Desidents of Formington	served; total	served; total	total value of
Residents of Farmington	value of services:	value of services:	services: \$49,929.25
	\$50,126.67	\$40,498.04	Sei vices. 343,323.23

Residents of Lee	2 families served; total value of services: \$1,375.88	n/a	n/a
Residents of Madbury	n/a	2 families served; total value of services: \$6,330.14	n/a
Residents of Middleton	2 families served; total value of services: \$5,261.33	n/a	n/a
Residents of Milton	15 families served; total value of services: \$27,567.60	12 families served; total value of services: \$20,643.80	5 families served; total value of services: \$16,554.65
Residents of New Durham	3 families served; total value of services: \$7,410.03	n/a	n/a
Residents of Rochester	198 families served; total value of services: \$298,024.98	133 families served; total value of services: \$327,000.85	111 families served; total value of services: \$326,012.55
Residents of Rollinsford	7 families served; total value of services: \$16,315.94	n/a	n/a
Residents of Somersworth	7 families served; total value of services: \$18,919.57	6 families served; total value of services: \$22,155.49	6 families served; total value of services: \$31,238.95
Residents of Strafford	2 families served; total value of services: \$1,375.88	n/a	n/a
Total Clients Served	371 families served; total value of services: \$606,032.89	248 families served; total value of services: \$611,418.37	210 families served; total value of services: \$687,270.04

#### For your application to be considered complete, please respond fully to the following questions:

☐ Please describe how you arrive at the amount of funding you are requesting from the Town of Durham. (Attach statement if additional space is required):

Year after year, costs of daily essentials like fuel, electric, medications, and more have increased exponentially. For many, these costs have grown more than 200%. This, combined with the continually rising cost of housing and food, will mean that many in the Durham community will be struggling to pay their bills and make ends meet. As costs continue to increase, more individuals than ever are now reaching out to CAPSC for help.

Over the past year, CAPSC provided nearly \$240,000 in assistance to Durham residents. These funds were used for homeless outreach, homeless prevention, rental assistance, fuel and electric assistance, senior transportation, and food from our food pantry. Without these services, many families in the Durham community would have been facing eviction, potential homelessness, or making the very tough decision between paying for food, medication, or keeping the lights and heat on. As prices continue to rise all around us, we are asking for the Town of Durham to help its residents by continuing to support CAPSC. As winter approaches, we anticipate a continued demand for our services, especially as we face a very cold season. We respectfully ask for your help to fill the void where so many families are falling short.

☐ What would be the impact to Durham residents if the services provided by your organization were not available? (Attach statement if additional space is required):

CAPSC's programming helps individuals meet basic needs like housing, heat, food, transportation, and more. Historically, CAPSC has served individuals and families in Strafford County with a focus on children, parents, seniors, individuals experiencing homelessness, and individuals/families with unstable incomes. However, we anticipate that this need will grow in the upcoming months as inflation has affected not only the most vulnerable in our communities but also those that have never had to reach out for assistance before.

Without the funding that CAPSC provides, many Durham residents would have to make hard choices. Choices like whether to heat their homes or feed their children. Choices like whether to pay their electric bill or buy their prescription medications. Choices like whether to pay their rent or receive much needed medical care. At CAPSC, we believe that no one should have to make these unimaginable choices, and funding from the Town of Durham will ensure that our neighbors won't have to. For those in need of assistance, it will mean having a warm place to live and food to eat this winter, and it will mean that everyone who needs help is able to receive it.



## Attachment #1 - A prospectus of the organization outlining its mission, the specific programs provided, and who is served

At Community Action Partnership of Strafford County (CAPSC), we strongly believe that no one should go without having their basic needs met. Established in May 1965 in the wake of the war on poverty, CAPSC has a long tradition of helping families become stronger, more financially stable, productive members of society through programs designed to have a measurable impact on the health and welfare of our community's most vulnerable residents, specifically, children under the age of six, seniors, and those experiencing low incomes.

As the sole organization in Strafford County to offer a full suite of services that meet basic needs while promoting self-sufficiency, CAPSC strives to empower individuals and families by opening the doors to resources and opportunities that offer a hand up, not a handout. When we achieve this goal, we reduce the impact on poverty and build a stronger community.

In accordance with CAPSC's mission, we offer over 60 coordinated programs that serve the whole person or family. Our goal is to interrupt the cycle of poverty and empower at-risk children, working families, and seniors to live more secure, stable, and healthier lives by providing programs and services that support basic needs. Programs include nutrition, housing, fuel and electric assistance, weatherization, parent and child education, child care, and transportation, all of which are locally defined, planned, and managed in partnership with community agencies.

For over 60 years, CAPSC has changed countless lives for the better and provided hundreds of millions of dollars in goods and services to the community. In 2024, CAPSC served over 19,882 individuals and provided \$14.5 million in goods and services to Strafford County residents, thereby reducing the burden on other County and community services and changing countless lives for the better. Some of what the programs at CAPSC were able to accomplish includes:

- Providing 2,584 households with fuel assistance, valued at over \$2.7 million.
- Providing 3,112 households with electric assistance, valued at nearly \$1.3 million.
- Distributing 4,348 bags of food through CAPSC's food pantries.
- Serving 77,320 meals and snacks through our Early Care and Education programs.
- Providing 27,625 meals to children through our Summer Meals Program.
- Conducting weatherization improvements of \$929,541 for nearly 250 individuals.
- Providing 380 children and their families with services through our Early Care and Education programs.
- Providing family support programs to 271 families.
- Giving 5,056 rides to seniors to local grocery, retail, and convenience stores.

Together, these programs provide a holistic approach to self-sufficiency, and offer clients the resources needed to move out of poverty and create a more independent and stable life for themselves and their children. CAPSC, as the uniquely qualified provider of all services that meet basic needs, is a key player in mitigating issues that affect the community as a whole.

# Town of Durham Request for Funding for Social Service Agencies for the FY 2026 Budget Year (January 1, 2026 – December 31, 2026)

For your organization's funding request to be considered, **complete applications must be received no later than Tuesday, August 26, 2025**. Applications should be sent to:

Gail Jablonski Business Manager 8 Newmarket Road Durham, NH 03824

or via e-mail to: gjablonski@ci.durham.nh.us

Gail Jablonski can be reached by phone at (603) 590-1378.

Na	me of Organization: Court Appointed Special Advocate (CASA) of New Hampshire
Or	ganization's Fiscal Year (for example: Jan 1 – Dec 31 or Jul 1 – June 30): <u>Jul 1 – June 30</u>
Ke	y Contact Person: <u>Tarah Bergeron, Development Associate</u>
Ma	ailing Address: PO Box 1327 Manchester, NH 03105
Tel	lephone Number: 603-626-4600 x2113 E-mail address: tbergeron@casanh.org
An	nount of funding requested from the Town of Durham \$1,000
	Attach a prospectus of the organization outlining its mission, the specific programs provided, and who is served.
	Describe how these funds will be used (attach statement if additional space is required).

Does the organization receive funding from other municipalities? X YES NO If yes, list the other Towns or Cities providing funding and the amount of funding provided:

Account Name	Anticipated	FY25	FY24
Belknap County Commissioner	\$3,750.00	\$7,500.00	\$0.00
Carroll County	\$5,000.00	\$5,000.00	\$5,000.00
City of Berlin	\$500.00	\$500.00	\$500.00
City of Claremont	\$1,000.00	\$1,000.00	\$0.00
City of Concord	\$0.00	\$0.00	\$0.00
City of Dover	\$3,000.00	\$3,120.00	\$0.00
City of Franklin	\$500.00	\$500.00	\$1,000.00
City of Keene	\$5,000.00	\$5,000.00	\$4,000.00
City of Laconia	\$1,500.00	\$1,500.00	\$1,500.00
City of Lebanon	\$2,000.00	\$1,000.00	\$0.00
City of Manchester	\$13,000.00	\$12,350.00	\$13,000.00
City of Nashua	\$13,000.00	\$13,000.00	\$10,000.00
City of Portsmouth	\$2,000.00	\$10,294.11	\$3,000.00
City of Rochester	\$5,000.00	\$3,000.00	\$3,250.00
City of Somersworth	\$0.00	\$0.00	\$0.00
Coos County Commissioners	\$0.00	\$0.00	\$0.00
County of Cheshire	\$5,000.00	\$0.00	\$5,000.00
Grafton County	\$0.00	\$0.00	\$0.00
Hillsborough County	\$0.00	\$0.00	\$0.00
Hooksett Police Department	\$0.00	\$0.00	\$0.00
Merrimack County Commissioner	\$0.00	\$0.00	\$0.00
Rockingham County Commissioner	\$6,000.00	\$6,000.00	\$10,750.00
Town of Acworth	\$0.00	\$0.00	\$0.00
Town of Albany	\$0.00	\$0.00	\$0.00
Town of Alexandria	\$500.00	\$500.00	\$500.00
Town of Allenstown	\$0.00	\$0.00	\$0.00
Town of Alstead	\$0.00	\$0.00	\$0.00
Town of Alton	\$500.00	\$500.00	\$0.00
Town of Amherst	\$1,000.00	\$500.00	\$500.00
Town of Andover	\$500.00	\$500.00	\$0.00
Town of Antrim	\$0.00	\$0.00	\$0.00
Town of Ashland	\$0.00	\$0.00	\$0.00
Town of Atkinson	\$500.00	\$0.00	\$0.00
Town of Auburn	\$500.00	\$500.00	\$0.00
Town of Barnstead	\$600.00	\$500.00	\$0.00
Town of Barrington	\$500.00	\$500.00	\$500.00
Town of Bartlett	\$0.00	\$0.00	\$0.00
Town of Bath	\$0.00	\$0.00	\$0.00
Town of Bedford	\$0.00	\$0.00	\$0.00
Town of Belmont	\$250.00	\$375.00	\$500.00

Town of Bennington	\$1,250.00	\$1,200.00	\$600.00
Town of Benton	\$0.00	\$0.00	\$0.00
Town of Bethlehem	\$0.00	\$0.00	\$0.00
Town of Boscawen	\$500.00	\$500.00	\$500.00
Town of Bow	\$500.00	\$500.00	\$500.00
Town of Bradford	\$1,000.00	\$750.00	\$750.00
Town of Brentwood	\$0.00	\$0.00	\$0.00
Town of Bridgewater	\$0.00	\$0.00	\$0.00
Town of Bristol	\$750.00	\$750.00	\$0.00
Town of Brookfield	\$500.00	\$0.00	\$0.00
Town of Brookline	\$500.00	\$500.00	\$1,000.00
Town of Campton	\$500.00	\$500.00	\$500.00
Town of Canaan	\$0.00	\$0.00	\$0.00
Town of Candia	\$1,000.00	\$1,000.00	\$0.00
Town of Canterbury	\$2,500.00	\$2,500.00	\$0.00
Town of Carroll	\$1,000.00	\$1,000.00	\$0.00
Town of Center Harbor	\$1,000.00	\$1,000.00	\$0.00
Town of Charlestown	\$0.00	\$0.00	\$0.00
Town of Chatham	\$500.00	\$500.00	\$500.00
Town of Chester	\$0.00	\$0.00	\$0.00
Town of Chesterfield	\$500.00	\$500.00	\$500.00
Town of Chichester	\$0.00	\$0.00	\$0.00
Town of Clarksville	\$0.00	\$0.00	\$0.00
Town of Colebrook	\$1,000.00	\$1,000.00	\$1,000.00
Town of Columbia	\$0.00	\$0.00	\$0.00
Town of Conway	\$0.00	\$0.00	\$0.00
Town of Cornish	\$0.00	\$0.00	\$0.00
Town of Croydon	\$0.00	\$0.00	\$0.00
Town of Dalton	\$500.00	\$500.00	\$0.00
Town of Danbury	\$1,000.00	\$1,000.00	\$0.00
	\$1,000.00		<del></del>
Town Of Danville Town of Deerfield	\$500.00	\$1,000.00 \$500.00	\$1,000.00 \$500.00
Town of Deering	\$0.00	\$0.00	\$0.00
	\$0.00	\$0.00	\$0.00
Town of Derry	·		\$0.00
Town of Dorchester Town of Dublin	\$100.00 \$500.00	\$50.00 \$500.00	\$350.00
	·		<del> </del>
Town of Dummer	\$500.00	\$500.00	\$500.00 \$0.00
Town of Durbam	\$0.00	\$0.00	
Town of Durham	\$750.00	\$750.00	\$750.00
Town of East Kingston	\$1,000.00	\$1,000.00	\$1,000.00
Town of Easton	\$0.00	\$0.00	\$0.00
Town of Eaton	\$0.00	\$0.00	\$0.00
Town of Effingham	\$0.00	\$0.00	\$0.00
Town of Ellsworth	\$0.00	\$0.00	\$0.00

Town of Enfield	\$500.00	\$500.00	\$500.00
Town of Epping	\$0.00	\$0.00	\$0.00
Town of Epsom	\$0.00	\$0.00	\$0.00
Town of Errol	\$500.00	\$500.00	\$500.00
Town of Exeter	\$1,500.00	\$1,500.00	\$4,125.00
Town of Farmington	\$0.00	\$0.00	\$0.00
Town of Fitzwilliam	\$750.00	\$550.00	\$500.00
Town of Francestown	\$500.00	\$500.00	\$500.00
Town of Franconia	\$1,000.00	\$1,000.00	\$500.00
Town of Freedom	\$500.00	\$500.00	\$0.00
Town of Fremont	\$1,000.00	\$1,000.00	\$1,000.00
Town of Gilford	\$0.00	\$0.00	\$0.00
Town of Gilmanton	\$1,000.00	\$1,000.00	\$1,000.00
Town of Gilsum	\$0.00	\$0.00	\$0.00
Town of Goffstown	\$0.00	\$0.00	\$0.00
Town of Gorham	\$0.00	\$0.00	\$0.00
Town of Goshen	\$500.00	\$500.00	\$500.00
Town of Grafton	\$0.00	\$0.00	\$0.00
Town of Grantham	\$0.00	\$0.00	\$0.00
Town of Greenfield	\$0.00	\$0.00	\$0.00
Town of Greenland	\$0.00	\$0.00	\$0.00
Town of Greenville	\$0.00	\$0.00	\$0.00
Town of Groton	\$250.00	\$250.00	\$0.00
Town of Hampstead	\$750.00	\$750.00	\$0.00
Town of Hampton	\$3,000.00	\$3,000.00	\$1,000.00
Town of Hampton Falls	\$500.00	\$500.00	\$0.00
Town of Hancock	\$0.00	\$0.00	\$0.00
Town of Hanover	\$500.00	\$0.00	\$0.00
Town of Harrisville	\$500.00	\$500.00	\$500.00
Town of Harts Location	\$0.00	\$0.00	\$0.00
Town of Haverhill	\$0.00	\$0.00	\$500.00
Town of Hebron	\$0.00	\$0.00	\$0.00
Town of Henniker	\$0.00	\$0.00	\$0.00
Town of Hill	\$0.00	\$0.00	\$0.00
Town of Hillsborough	\$0.00	\$0.00	\$0.00
Town of Hinsdale	\$500.00	\$500.00	\$500.00
Town of Holderness	\$500.00	\$500.00	\$500.00
Town of Hollis	\$500.00	\$500.00	\$500.00
Town of Hooksett	\$0.00	\$0.00	\$500.00
Town of Hopkinton	\$0.00	\$0.00	\$0.00
Town of Hudson	\$500.00	\$500.00	\$500.00
Town of Jackson	\$0.00	\$0.00	\$0.00
Town of Jaffrey	\$0.00	\$0.00	\$0.00
Town of Jefferson	\$0.00	\$0.00	\$500.00

Town of Kensington	\$0.00	\$0.00	\$0.00
Town of Kingston	\$0.00	\$0.00	\$1,000.00
Town of Lancaster	\$2,000.00	\$2,000.00	\$0.00
Town of Landaff	\$500.00	\$500.00	\$500.00
Town of Langdon	\$0.00	\$0.00	\$0.00
Town of Lee	\$1,000.00	\$1,000.00	\$1,000.00
Town of Lempster	\$0.00	\$0.00	\$0.00
Town of Lincoln	\$500.00	\$500.00	\$500.00
Town of Lisbon	\$0.00	\$0.00	\$0.00
Town of Litchfield	\$750.00	\$750.00	\$750.00
Town of Littleton	\$2,000.00	\$2,000.00	\$2,000.00
Town of Londonderry	\$922.80	\$0.00	\$0.00
Town of Loudon	\$0.00	\$0.00	\$0.00
Town of Lyman	\$0.00	\$0.00	\$0.00
Town of Lyme	\$500.00	\$500.00	\$500.00
Town of Lyndeborough	\$500.00	\$500.00	\$0.00
Town of Madbury	\$0.00	\$0.00	\$0.00
Town of Madison	\$0.00	\$0.00	\$0.00
Town of Marlborough	\$500.00	\$500.00	\$0.00
Town of Marlow	\$250.00	\$250.00	\$0.00
Town of Mason	\$0.00	\$0.00	\$0.00
Town of Meredith	\$1,000.00	\$1,000.00	\$0.00
Town of Merrimack	\$0.00	\$0.00	\$0.00
Town of Middleton	\$0.00	\$0.00	\$0.00
Town of Milan	\$500.00	\$500.00	\$500.00
Town of Milford	\$0.00	\$0.00	\$0.00
Town of Milton	\$750.00	\$750.00	\$0.00
Town of Monroe	\$0.00	\$0.00	\$0.00
Town of Mont Vernon	\$0.00	\$0.00	\$0.00
Town of Moultonborough	\$0.00	\$0.00	\$0.00
Town of Nelson	\$1,000.00	\$1,000.00	\$1,000.00
Town of New Boston	\$1,000.00	\$1,000.00	\$1,000.00
Town of New Castle	\$500.00	\$500.00	\$500.00
Town of New Durham	\$0.00	\$0.00	\$0.00
Town of New Hampton	\$0.00	\$0.00	\$0.00
Town of New Ipswich	\$0.00	\$0.00	\$0.00
Town of New London	\$2,000.00	\$2,000.00	\$1,500.00
Town of Newbury	\$500.00	\$500.00	\$0.00
Town of Newfields	\$0.00	\$0.00	\$500.00
Town of Newington	\$1,000.00	\$1,000.00	\$500.00
Town of Newmarket	\$500.00	\$500.00	\$0.00
Town of Newport	\$0.00	\$0.00	\$0.00
Town of Newton	\$0.00	\$0.00	\$0.00
Town of North Hampton	\$0.00	\$0.00	\$0.00

Town of Northfield	\$0.00	\$0.00	\$0.00
Town of Northumberland	\$500.00	\$500.00	\$0.00
Town of Northwood	\$0.00	\$0.00	\$500.00
Town of Nottingham	\$500.00	\$500.00	\$500.00
Town of Orange	\$0.00	\$0.00	\$0.00
Town of Orford	\$1,000.00	\$1,000.00	\$0.00
Town of Ossipee	\$1,000.00	\$1,000.00	\$1,750.00
Town of Pelham	\$0.00	\$0.00	\$0.00
Town of Pembroke	\$0.00	\$0.00	\$0.00
Town of Peterborough	\$0.00	\$0.00	\$500.00
Town of Piermont	\$500.00	\$500.00	\$500.00
Town of Pittsburg	\$0.00	\$0.00	\$0.00
Town of Pittsfield	\$1,000.00	\$1,000.00	\$0.00
Town of Plainfield	\$0.00	\$0.00	\$0.00
Town of Plaistow	\$0.00	\$0.00	\$0.00
Town of Plymouth	\$1,000.00	\$1,000.00	\$1,000.00
Town of Randolph	\$0.00	\$0.00	\$0.00
Town of Raymond	\$500.00	\$500.00	\$1,708.00
Town of Richmond	\$0.00	\$0.00	\$0.00
Town of Rindge	\$0.00	\$0.00	\$0.00
Town of Rollinsford	\$500.00	\$500.00	\$500.00
Town of Roxbury	\$0.00	\$0.00	\$0.00
Town of Rumney	\$500.00	\$500.00	\$500.00
Town of Rye	\$0.00	\$0.00	\$0.00
Town of Salem	\$0.00	\$0.00	\$0.00
Town of Salisbury	\$500.00	\$500.00	\$500.00
Town of Sanbornton	\$0.00	\$0.00	\$0.00
Town of Sandown	\$1,000.00	\$1,000.00	\$0.00
Town of Sandwich	\$0.00	\$0.00	\$0.00
Town of Seabrook	\$0.00	\$0.00	\$0.00
Town of Sharon	\$0.00	\$0.00	\$0.00
Town of Shelburne	\$0.00	\$0.00	\$0.00
Town of South Hampton	\$250.00	\$200.00	\$200.00
Town of Springfield	\$500.00	\$500.00	\$500.00
Town of Stark	\$1,000.00	\$1,000.00	\$500.00
Town of Stewartstown	\$500.00	\$500.00	\$0.00
Town of Stoddard	\$0.00	\$0.00	\$0.00
Town of Strafford	\$500.00	\$500.00	\$500.00
Town of Stratford	\$500.00	\$250.00	\$200.00
Town of Stratham	\$0.00	\$0.00	\$0.00
Town of Sugar Hill	\$0.00	\$0.00	\$0.00
Town of Sullivan	\$0.00	\$0.00	\$0.00
Town of Sunapee	\$0.00	\$0.00	\$0.00
Town of Surry	\$0.00	\$0.00	\$0.00

Town of Sutton	\$0.00	\$0.00	\$0.00
Town of Swanzey	\$1,000.00	\$750.00	\$0.00
Town of Tamworth	\$500.00	\$0.00	\$0.00
Town of Temple	\$500.00	\$500.00	\$0.00
Town of Thornton	\$1,000.00	\$1,000.00	\$1,000.00
Town of Tilton	\$0.00	\$0.00	\$0.00
Town of Troy	\$3,000.00	\$3,000.00	\$0.00
Town of Tuftonboro	\$500.00	\$500.00	\$500.00
Town of Unity	\$0.00	\$0.00	\$0.00
Town of Wakefield	\$1,000.00	\$1,000.00	\$0.00
Town of Walpole	\$500.00	\$500.00	\$500.00
Town of Warner	\$0.00	\$0.00	\$0.00
Town of Warren	\$0.00	\$0.00	\$0.00
Town of Washington	\$500.00	\$500.00	\$500.00
Town of Waterville Valley	\$750.00	\$0.00	\$0.00
Town of Weare	\$500.00	\$0.00	\$0.00
Town of Webster	\$500.00	\$500.00	\$0.00
Town of Wentworth	\$500.00	\$0.00	\$0.00
Town of Westmoreland	\$500.00	\$0.00	\$300.00
Town of Whitefield	\$500.00	\$0.00	\$0.00
Town of Wilmot	\$1,000.00	\$1,000.00	\$0.00
Town of Wilton	\$500.00	\$500.00	\$500.00
Town of Winchester	\$3,000.00	\$3,000.00	\$2,500.00
Town of Windham	\$1,000.00	\$500.00	\$500.00
Town of Windsor	\$500.00	\$0.00	\$0.00
Town of Wolfeboro	\$2,000.00	\$0.00	\$2,000.00
Town of Woodstock	\$500.00	\$500.00	\$0.00

П	Does the organization	provide	services to	Durham	residents?	X	YES	1	NC
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If yes, please provide information in the table below on the number of Durham residents relative to the total number of clients served. This information should be made available for each category of services or programs provided to Durham residents. If the size of the table below is not adequate, please provide an attachment with this information.

If you are unable to provide this information, please (a) attach a statement detailing why this information is not available; and (b) provide a statement on how your organization directly benefits the citizens of the Town of Durham.

Program #1 Description:	FY 2022 Clients Served	FY 2023 Clients Served	FY 2024 Clients Served/Anticipated
Residents of Durham			
Residents of			
Residents of			

Residents of	
Residents of	
Total Clients Served	
Program #2 Description:	
Residents of Durham	
Residents of	
Total Clients Served	

For your application to be considered complete, please respond fully to the following questions:

	Please describe how you arrive at the amount of funding you are requesting from the Town
	of Durham. (Attach statement if additional space is required):
Ple	ease see narrative

What would be the impact to Durham residents if the services provided by your organization were not available? (Attach statement if additional space is required):

Please see narrative

<sup>\*</sup>Due to the nature of the cases and children CASA works with (birth to 21) CASA does not identify the specific number of children from each town. There are currently 5 Durham residents representing children from Durham and Strafford County.



**New Hampshire** 

August 19, 2025

Selectmen Town of Durham 8 Newmarket Road Durham, NH 03824

#### **BOARD of DIRECTORS**

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Paul Chant, Esq. CO-CHAIR Cooper Cargill Chant

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Marcia J. Kelly Dartmouth

Malcolm Perry **Derry Medical Center** 

Brian M. Quirk, Esq. Shaheen Gordon

Chief Paul Smith Littleton Police Dept.

**Patricia Stolte** Gorham, NH

Marcia R. Sink PRESIDENT & CEO



Dear Durham,

I am writing to respectfully request that the Town of Durham include support for Court Appointed Special Advocates (CASA) of New Hampshire in its upcoming annual budget. As you may know, CASA of NH recruits, trains and supports volunteers who advocate on behalf of abused and neglected children throughout the state including children in your own community.

When a child enters the court system due to abuse or neglect, a CASA volunteer becomes a consistent, caring presence – amplifying that child's voice, ensuring their needs are heard, and helping them find a safe, permanent home where they can heal and thrive. In a system overwhelmed and understaffed, CASA volunteers are often the one constant in a child's life.

To illustrate CASA's impact, I want to share the words of a young woman who had a CASA volunteer advocate as a child:

My CASA volunteer was the only adult who didn't give up on me. She showed up to every hearing, every school meeting, and just listened when no one else would. Because of her, I finished high school, stayed out of trouble, and believed I mattered. I wouldn't be where I am today without her.

Former CASA Youth

In the past year alone, CASA of NH has served more than 1,500 children statewide, with 153 children from Strafford County. Unfortunately, CASA of NH had to refuse 8 children from Strafford County due to not having a trained advocate available. Community support is essential for CASA of NH to be able to meet the need for more volunteers.

A contribution of \$1000 from Durham would help CASA serve children in your area. It would also send a powerful message: that your town stands up for its most vulnerable residents.

Thank you for your consideration of this request. Please don't hesitate to reach out if you would like more information about CASA of NH's work in your community. If you have any questions regarding this request, or require additional materials, please contact Tarah Bergeron at tbergeron@casanh.org

With my deepest appreciation,

Marcia R. Sink President and CEO

### Profit & Loss Actual and Projected Budget FYE 06-30-26 With Previous Budgets

With Frevious Budgets	
	New Budgeted
	FYE 06/30/26
	(New Year)
Ordinary Income/Expense Income	
4100 · Donations - General	250,000
4255 - Donations - Major Gifts	700,000
4175 - Greeting Cards	18,000
4225 - Event Fundraising	500,000
4250 · Event Sponsorships 4260 · CASA Product Sales	220,000
4265 · External Fundraisers	275,000
4350 · Private Grants	350,000
4400 · State - GAL Grant	1,126,550
4450 · Federal - Nat'l CASA	0
4500 · Federal - VOCA 4503 · Federal - Childrens Justice	643,848
4503 · Federal - Childrens Justice  4504 · State - Court Imp Proj	0
4510 - Federal - Title IVE	31,004
4550 · City/Municipality	140,000
4600 In-Kind Donations	2,800
7010 · Interest Income	7,200
Total Income	4,266,402
Expense	
6000 · Fundraising Expense 6185 · Gift & SIs Promo - Fundraising	
6400 · Facilities & Catering - Fundraising	41,000
6525 · Event Supp & Exp - Fundraising	70,000
6526 In-Kind-Event Supp & Exp - Fundraising	
6570 · Registratn & Fees - Fundraising	4,500
6645 · Postage & Deliver - Fundraising	2,450
6685 · Printing & Statio - Fundraising 6830 · Salaries - Fundraising	17,000
Total 6000 · Fundraising Expense	134,950
6005 · Office Equipment/Software	21,477
6006 · Moving and New Location Costs	
6010 · Advertising	1,000
6035 · Bad Debt Expense	0
6040 · Bank Service Charges 6050 · CASA product	2,000
6070 · Conferences - Registration	1,250
6080 · Conferences - Meals & Ent.	100
6090 · Conferences - Accom/Travel	1,175
6092 · Consulting	24,000
6095 · CC Service Charges	33,000 9,455
6120 · Dues, Membrshps, & Subscrptns 6170 · Fees & Registrations	12,300
6180 · Gifts & Sales Promotions	1,000
6200 · Health Insurance	330,209
6250 · Ins - General Liability (Jul Rnwl)	17,779
6260 · Ins - Content (Jul Rnwl)	4,016
6270 · Ins - Director/Officer (Jul Rnwl) 6275 · Ins - Atty. Prof. Liab (Mar Rnwl)	4,100 5,517
6278 - Ins - Emp Dishonesty (Jul Rnwl)	859
6280 · Ins - Volunteer Accident (Jul Rnwl)	2,452
6290 · Ins - WC (Jul Rnwl)	4,903
6291 - Ins - Umbrella	3,698
6292 · Ins - Internet (Jul Rnwl)	2,889 10,944
6350 · Maint Agrmnts/Serv Contracts 6355 - Maintenance - Computers	48,052
6380 · Meals & Entertainment	16,100
6440 · Mileage & Travel	42,128
6480 · Staff & Volunteer Functions	8,850
6520 · Office Supplies & Expense	31,740
6560 · Payroll Service Fees	7,796
6580 · R/M Building 6600 · Payroll Taxes	16,245 235,021
OUVO T AYTOII TAXOS	200,021

### Profit & Loss Actual and Projected Budget FYE 06-30-26 With Previous Budgets

	Mari
	New
	Budgeted
	FYE 06/30/26 (New Year)
6640 · Postage & Delivery	19,500
6680 · Printing & Stationary	8,360
6682 - Real Estate Taxes	0,000
6686 · Recruitment & Training Expenses	240,050
6690 · Rent	61,104
6710 · Contracted Help	
6720 · Prof Fees - Accounting	27,189
6730 · Prof Fees - Legal	C
6740 · Prof Fees - Technology	(
6745 · Prof Fees - Grant Writing	26,000
6790 - Perfomance Compensation Pool	104,916
6800 - Retirement Match	79,456
6804 · Salaries - Accounting	91,888
6805 · Salaries - Technology	172,470
6810 · Salaries - Staff	1,157,925
6820 · Salaries - Program Manager	1,328,286
6850 · Salaries - Legal Services	313,737
6862 · Taxes-IRS-990T	C
6880 · Telephone & Internet	34,824
6885 · Training - Staff	3,500
6890 · Utilities	12,276
6895 · Web Design - Covered by Grant	C
7200 · Interest Exp	(
	4,716,485
CAPITAL CAMPAIGN EXPENSES	C
otal Cash Expenses	4,716,485
Net Operating Income	(450,083
Other Expenses: Non Cash Items	
6100 · Depreciation Expense	72,252
Net Income After Depreciation	(522,335
Restricted Income/Expenses: (not in operating)	
7030 ·Endowment Fund Gain/Loss/fees	(9,120
7022 ·Operating Reserve Fund Gain/Loss/Fees	(30,000
4700 ·Impact Campaign	(
4259-Endowment Funding	(
	(39,120
Net Income after Deprec & Restricted	(561,455

# Town of Durham Request for Funding for Social Service Agencies for the FY 2026 Budget Year (January 1, 2026 – December 31, 2026)

For your organization's funding request to be considered, **complete applications must be received no later than Tuesday, August 26, 2025**. Applications should be sent to:

Gail Jablonski Business Manager 8 Newmarket Road Durham, NH 03824

or via e-mail to: gjablonski@ci.durham.nh.us

Gail Jablonski can be reached by phone at (603) 590-1378.

Name of Organization: HAVEN Violence Prevention and Support Services
Organization's Fiscal Year (for example: Jan 1 – Dec 31 or Jul 1 – June 30): <u>July 1 – June 30</u>
Key Contact Person: Abby Gerbino
Mailing Address: 20 International Drive, Suite 300, Portsmouth, NH 03801
Telephone Number: 603-436-4107 E-mail address: abby@havennh.org
Amount of funding requested from the Town of Durham \$ 2,500
<ul> <li>Attach a prospectus of the organization outlining its mission, the specific programs provided, and who is served.</li> </ul>
☐ Describe how these funds will be used (attach statement if additional space is required).
Funds will be used to offset the costs of providing our comprehensive 24-hour crisis intervention, shelter and support services to those Durham residents

impacted by domestic and sexual violence and the Safe Kids Strong Teens

prevention education program to Durham students.

	Name of Town or City	FY 2022 Received	FY 2023 Received	FY 2024 Received/Anticipated
Se	e Attached	Received	Received	Received/Anticipated
	ac Accord			
			,	
	Does the organization provide s	ervices to Durham	residents? X	YES NO
	If yes, please provide information relative to the total number of ceach category of services or probelow is not adequate, please p	lients served. This grams provided to	information shou Durham resident	ald be made available for ts. If the size of the table
	If you are unable to provide this this information is not available directly benefits the citizens of t	; and (b) provide a	statement on ho	

Program #1 Description:	FY 2022 Clients Served	FY 2023 Clients Served	FY 2024 Clients Served/Anticipated
Residents of Durham	See attached		
Residents of			
Total Clients Served			
Program #2 Description:			
Residents of Durham			
Residents of			
Total Clients Served			

For your application to be considered complete, please respond fully to the following questions:

☐ Please describe how you arrive at the amount of funding you are requesting from the Town of Durham. (Attach statement if additional space is required):

HAVEN is requesting level funding at \$2500. Although we used to use a formula based on the number of residents assisted each year to determine the amount requested, HAVEN has consistently asked for level funding for the past several years. One reason for this, is that it is impossible to predict how many residents may need our services each year and level funding ensures that HAVEN can be available 24 hours a day to any Durham resident in need of services.

☐ What would be the impact to Durham residents if the services provided by your organization were not available? (Attach statement if additional space is required):

Sexual assault, domestic violence, child sexual victimization and teen dating violence are costly public health issues. Victims are more likely to suffer from low self-esteem, substance abuse and suicidal behavior. Adult victims often experience a loss of work and difficulty maintaining a job due to safety concerns and depression in the aftermath of abuse. Since we know that youth are the most at risk for child sexual abuse and teen dating violence, the HAVEN Safe Kids Strong Teens school-based prevention program is critical to reaching out to current and potential victims. If HAVEN was not available to provide FREE services to the town of Durham, the town would incur expenses related to the ongoing health and services required to meet the needs of those impacted by sexual violence.



20 International Drive Suite 300 Portsmouth, NH 03801 24-Hour Hotline: 1-603-994-SAFE (7233)

Main Office: 603-436-4107 | Fax: 603-436-7951

www.havennh.org | info@havennh.org

August 13, 2025

Gail Jablonski Business Manager 8 Newmarket Road Durham, NH 03824

Dear Ms. Jablonski,

HAVEN is dedicated to addressing public health through violence prevention and providing services to improve the well-being of children and families. The mission of HAVEN is to prevent sexual assault, domestic violence, and stalking, and to support and empower all women, men, non-binary and transgender adults, youth, and families to heal from abuse and rebuild their lives.

For 46 years, HAVEN has provided the following services and programs to residents of Durham:

- Emergency Shelter
- 24-hour support: 1-603-994-SAFE (7233)
- Safe Kids Strong Teens K-12 prevention education programs
- Pathways Youth Mentoring Program / Camp HOPE (programming for youth impacted by violence)
- Support and accompaniments to families at the Rockingham and Strafford Child Advocacy Centers
- Support Groups
- Supportive Housing Programs
- Accompaniments to hospitals, police departments, and courts

On behalf of HAVEN, I am pleased to submit our annual request for \$2,500.00.

'I am a client of HAVEN. I am a mother, a friend, a sister, a daughter, and a public health professional. I am a survivor of Domestic Violence. HAVEN helped me through some of the scariest and most challenging times I have ever faced. Thankfully, I am safe, but I know that is not the case for others. HAVEN was there to support me and many others during times of extreme stress and fear. WE ALL deserve to be safe."

If HAVEN were not available to provide FREE services to our local communities, area municipalities would incur expenses related to the ongoing health and services required to meet the needs of those impacted by domestic and sexual violence. Preventing violence and providing support for those affected can lead to healthier and more secure children and adults and communities.

Total 2026 Request: \$2,500.00

On behalf of our clients, Board of Directors, and staff, thank you for your continued support.

Sincerely,

Kathy Bedan

Kathy Beebe Executive Director



# Town of Durham Impact of Support

For over 40 years, HAVEN, whose mission is to prevent sexual assault and domestic violence, and to empower women, men, youth and families to heal from abuse and rebuild their lives, has provided services to Durham residents.

One of the ways HAVEN accomplishes this mission is through its K-12 Safe Kids Strong Teens program that aims to prevent child sexual abuse, sexual harassment, bullying and teen dating violence. The goals of the Safe Kids Strong Teens program aim to influence attitudes and behavior and thereby reduce the likelihood of youth becoming victims or perpetrators of sexual or teen dating violence and to create a positive atmosphere for people to build self-esteem and improve their lives.

This prevention program is further supported by a comprehensive client services program that includes:

- Emergency Shelter and Supportive Housing Program
- 24-hour confidential crisis and support hotline 1-603-994-7233
- 24-hour accompaniment to police stations and hospital emergency rooms
- · Accompaniment to courts and assistance obtaining restraining orders
- Safety planning
- Support and accompaniment for families at the Strafford County Child Advocacy Center
- Support groups for survivors of domestic violence, sexual assault, and parents.

this past TR.

With support from the Town of Durham, HAVEN was able to assist 48 Durham residents with 202 units of service in our client services program and hundreds of children and teens through the Safe Kids Strong Teens program. HAVEN reached 1,070 students and 113 adults (for a total of 1,183 children, parents and teachers) at Durham area schools with critical information about safety and awareness.

Domestic violence, sexual abuse and teen dating violence are costly public health issues. Victims are more likely to suffer from low self-esteem, substance abuse and suicidal behavior. Adult victims often experience a loss of work and difficulty maintaining a job due to safety concerns and depression in the aftermath of abuse. Since we know that youth are the most at risk, our *Safe Kids Strong Teens* school-based prevention program is critical to reaching out to current and potential victims. If HAVEN was not available to provide FREE services to the Town of Durham, the town would incur expenses related to the ongoing health and services required to meet the needs of those impacted by sexual violence.

Preventing domestic violence and sexual abuse and providing support for those impacted can lead to healthier and more secure children and adults. HAVEN has a strong history of producing positive results with programs and services as demonstrated in the following excerpts from students participating in the *Safe Kids Strong Teens* Program and individuals and families accessing support in the 24-hour client services program.

"I am a client of HAVEN. I am a mother, a friend, a sister, a daughter, and a public health professional. I am a survivor of domestic violence. HAVEN helped me through some of the scariest and most challenging times, I have ever faced. The advocates provided love, support and created safety in times of fear and uncertainty. Thankfully, I am safe, but I know that is not the case for others. HAVEN has been there to support me and many others during times of extreme stress and fear. WE all deserve to be safe."

- Adult Sexual Abuse Survivor

### Program Changes and Highlights from the Past Year

- Expanded capacity to communicate with survivors who are unable to safely speak on the phone.
- Expanded capacity of shelter by working with local hospitality partners.
- Expanded housing program with federal grant providing support services for one year after long-term housing is secured; collaboratively working with state and local housing programs.
- Collaborated with housing authorities to provide housing opportunities for survivors.
- Increased collaboration with local therapist to offer clinical support groups to survivors.
- Created a senior management position to build Child and Family services.
- HAVEN partnered with Camp Hope America, the first evidence based camping and mentoring program to focus
  on youth impacted by domestic violence, sexual assault and trauma. It is offering Pathways which is a year long
  mentorship program and Camp Hope which is a week-long camp in the summer for these youths.
- HAVEN is currently doubling our impact on hospital visits, shelter requests, child advocacy accompaniements for non-offending caregivers during forensic interviews, and much more.

<sup>&</sup>quot;I really feel that if I had known about HAVEN or if a teacher or another adult had asked me about it, I would have told."
- Childhood Sexual Abuse Survivor

<sup>&</sup>quot;[My advocate] never once made me feel as if I was being judged. She reaffirmed my positive beliefs and attitudes and gave me advice to help maintain positivity. She seemed honestly interested in everything I had to say. It was comforting to know that there is more support out there when I need it." — Anonymous, NH Survivor

	FY25	FY24	FY23	FY22	FY21
Town of Atkinson	0	0.00	0.00	0.00	1,775.00
Town of Barrington	2,000	2,000.00	2,000.00	2,000.00	0.00
Town of Brentwood	1,600.00	0.00	0.00	1,600.00	0.00
Town of Chester	2,400.00	2,400.00	2,400.00	2,400.00	2,400.00
Town of Danville	1,200.00	1,200.00	1,200.00	1,200.00	1,200.00
Town of Deerfield	3,065.00	3,066.00	3,066.00	3,066.00	3,066.00
Town of Durham	2,500.00	2,500.00	2,500.00	2,500.00	2,500.00
Town of East Kingston	0	0.00	825.00	825.00	825.00
Town of Exeter	7,500.00	7,500.00	7,500.00	5,625.00	8,500.00
Town of Fremont	1,885.00	1,885.00	1,855.00	1,855.00	1,885.00
Town of Greenland	0	0.00	0.00	2,000.00	2,000.00
Town of Hampstead	0	3,070.00	0.00	3,070.00	3,070.00
Town of Hampton	7,500.00	7,500.00	7,500.00	7,625.00	7,500.00
Town of Hampton Falls	1,500.00	1,500.00	0.00	1,500.00	1,500.00
Town of Kingston	. 0	2,491.00	1,658.00	1,658.00	833.00
Town of Lee	3,775.00	3,775.00	3,775.00	3,775.00	3,775.00
Town of Madbury	500	500.00	500.00	500.00	500.00
Town of Middleton	0	500.00	500.00	0.00	0.00
Town of Milton	500	500.00	500.00	250.00	500.00
Town of New Castle	750	750.00	0.00	750.00	750.00
Town of New Durham	0	500.00	500.00	500.00	500.00
Town of Newfields	0	500.00	500.00	1,100.00	500.00
Town of Newington	1,000.00	1,000.00	1,000.00	1,000.00	700.00
Town of Newmarket	0	0.00	0.00	0.00	1,200.00
Town of Newton	3,050.00	3,050.00	3,050.00	3,050.00	3,050.00
Town of North Hampton	0	1,450.00	0.00	1,544.00	1,775.00
Town of Northwood	0	0.00	1,785.00	1,785.00	1,785.00
Town of Nottingham	1,450	1,450.00	1,450.00	1,450.00	1,450.00
Town of Plaistow	5,000	5,000.00	5,000.00	4,875.00	5,000.00
City of Portsmouth	12,000	12,000.00	12,000.00	12,000.00	
Town of Raymond	500	3,415.00	3,415.00	4,000.00	4,175.00
Town of Rollinsford	1,500	1,500.00	1,500.00	1,500.00	1,500.00
Town of Rye	2,000	0.00	3,250.00	3,250.00	3,250.00
Town of Salem	0	0.00	0.00	0.00	1,000.00
Town of Sandown	1,575	1,575.00	1,575.00	1,575.00	1,254.00
Town of Seabrook	0	0.00	6,014.00	3,007.00	6,014.00
Town of Somersworth	2,000	2,000.00	2,000.00	2,000.00	2,000.00
Town of Strafford	992	992.00	992.00	992.00	992.00
Town of Stratham	4,250	4,250.00	4,250.00	4,250.00	4,050.00

Town of Windham	2,000	2,000.00	2,000.00	2,000.00	2,000.00
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<b>HAVEN Statist</b>	LICS		FY 2025					
Total Individual	s, Units of S	ervice ar	d Shelter Be	ed Nights	by Town and Cour	nty		
· · · · · · · · · · · · · · · · · · ·								
Start date	7/1/20		End date		6/30/2025			
Rockingham Coun						Strafford	County	
			Units of	Shelter				Units of
<u> </u>	Individuals	Service	Service	Bed	_	Individuals	Service	Service
Town	Served	Hours	(Hours x 4)	Nights	Town	Served	Hours	(Hours x 4)
Atkinson	8	6.8	27.0		Barrington	18	13.0	52.0
Auburn	4	1.3	5.0		Dover	373	317.8	1271.0
Brentwood	40	21.0	84.0		Durham	48	50.5	202.0
Candia	16	8.0	32.0		Farmington	106	54.3	217.0
Chester	24	11.5	46.0	0		1	0.3	1.0
Danville	27	28.0	112.0		Lee	49	20.5	82.0
Deerfield	13	7.5	30.0		Madbury	4	2.8	11.0
Derry	85	41.8	167.0		Middleton	7	31.8	127.0
East Kingston	21	15.5	62.0		Milton	25	15.0	60.0
Epping	131	234.0	936.0		New Durham	7	30.8	123.0
Exeter	124	114.5	458.0		Rochester	586	531.0	2124.0
Fremont	15	8.5	34.0		Rollinsford	15	10.3	41.0
Greenland	17	7.5	30.0		Somersworth	133	96.8	387.0
Hampstead	40	24.3	97.0	0	Strafford	7	7.8	31.0
Hampton	124	283.3	1133.0	165	County Total	1378	1182.3	4729
Hampton Falls	9	- 6.0	24.0	0				
Kensington	4	1.0	4.0	0	Out of Catchment	417	348	1392
Kingston	35	35.5	142.0	0	Unknown	518	344	1376
Londonderry	34	14.8	59.0	0				
New Castle	0	0.0	0.0	0				
Newfields	3	1.5	6.0	0				
Newington	15	8.8	35.0	0	Grand Total	3942	3337.3	13349
Newmarket	62	62.8	251.0	0				
Newton	12	5.5	22.0	0				
North Hampton	10	9.8	39.0	0				,
Northwood	26	12.8	51.0	0				
Nottingham	22	16.8	67.0	0				
Plaistow	55		165.0					
Portsmouth	230		633.0					
Raymond	61	37.5	150.0					
Rye	5	2.5	10.0					
Salem	154							
Sandown	16	6.5		0				
Seabrook	105	84.3	337.0					
South Hampton	2	0.5	2.0		<del>-</del>			
Stratham	60	40.8		0				
Windham	20		52.0					
**IIIGIIGIII	20		5852	329				

# Town of Durham Request for Funding for Social Service Agencies for the FY 2026 Budget Year (January 1, 2026 – December 31, 2026)

For your organization's funding request to be considered, **complete applications must be received no later than Tuesday, August 26, 2025**. Applications should be sent to:

Gail Jablonski Business Manager 8 Newmarket Road Durham, NH 03824

or via e-mail to: gjablonski@ci.durham.nh.us

Gail Jablonski can be reached by phone at (603) 590-1378.

Na	me of Organization: Dig Diothers Dig Sisters of New Hampshire
Org	ganization's Fiscal Year (for example: Jan 1 – Dec 31 or Jul 1 – June 30): Jan 1 - Dec 31
Key	Contact Person: Kimberley Diemond, Director of Operations & Special Projects
Ma	illing Address: 3 Portsmouth Ave., Stratham, NH 03885
Tel	ephone Number: 603-430-1440 E-mail address: kimberley@bbbsvt.org
	nount of funding requested from the Town of Durham \$ 1,800.00
	Attach a prospectus of the organization outlining its mission, the specific programs provided, and who is served. Attached.
	Describe how these funds will be used (attach statement if additional space is required).

This investment helps to cover the full scope of services required to make and sustain a match as outlined below. It is the consistent, professional support, beyond simply making the match, that sets BBBSNH apart and ensures the success of strong, healthy mentoring relationships.

		FY 2022	FY 2023	FY 2024
	Name of Town or City	Received	Received	Received/Anticipated
Se	e Attached List			
			,	
	Does the organization provide se	ervices to Durham	residents? $X$	YES NO
	If yes, please provide information			
	relative to the total number of cl			
	each category of services or prog	grams provided to	Durham residen	ts. If the size of the table
	below is not adequate, please pr	ovide an attachm	nent with this info	rmation.
	If you are unable to provide this	information plea	se (a) attach a sta	stement detailing why

If you are unable to provide this information, please (a) attach a statement detailing why this information is not available; and (b) provide a statement on how your organization directly benefits the citizens of the Town of Durham.

Program #1 Description:	FY 2022 Clients Served	FY 2023 Clients Served	FY 2024 Clients Served/Anticipated
Residents of Durham			See Attached List
Residents of			
Residents of			
Residents of		-	
Residents of			
Total Clients Served			
Program #2 Description:			
Residents of Durham			
Residents of			·
Total Clients Served			

# For your application to be considered complete, please respond fully to the following questions:

☐ Please describe how you arrive at the amount of funding you are requesting from the Town of Durham. (Attach statement if additional space is required):

On average, it costs \$2,500 per year to create and support each mentoring relationship. This investment covers the full scope of services required to ensure safe, meaningful, and lasting matches. Upfront costs include a thorough enrollment process with staff-led interviews, assessments of both youth and volunteers, extensive documentation, and state/local background and reference checks, followed by a facilitated initial match meeting. Ongoing costs include volunteer training, regular check-ins to monitor child safety and match health, resources for parents/guardians, updated documentation, outcome evaluation surveys, and staff-coordinated community activities that enrich the match experience beyond traditional outings.

☐ What would be the impact to Durham residents if the services provided by your organization were not available? (Attach statement if additional space is required):

82% of the youth we serve have experienced significant trauma, 40% live in single-parent households, two-thirds come from low-income families and 45% have a mental health diagnosis. Youth growing up in poverty compounded by mental health challenges face increased risks of truancy, dropping out of school, and engaging in risky behaviors. Without our services, youth facing these challenges miss an opportunity to have a consistent, supportive and positive influence in their life and a safe place to turn outside of their immediate family.

BBBSNH takes a proactive approach to improving life outcomes by providing positive, preventive strategies that build a foundation of self-confidence, respect, and compassion. With this foundation, youth are far better prepared to succeed in school, pursue higher aspirations, and reach their full potential—strengthening the future of our communities.

The alternative is costly. At-risk youth often require far more expensive long-term interventions, including juvenile detention that can cost upwards of \$200,000 per year. BBBSNH has proven to be a cost-effective solution and an educational driver, empowering youth to join the local economy as educated, goal-oriented professionals and engaged citizens.

# Town of Durham Request for Funding for Social Service Agencies for the FY 2026 Budget Year (January 1, 2026 – December 31, 2026)

Towns or Cities providing funding and the amount of funding provided:

	FY 2023	FY 2024	FY 2025
Name of Town or City	Received	Received	Received/Anticipated
Durham	1800	1800	1800
Amherst	1900	1000	1000
Candia	1000	1000	1000
Chesterfield	400	400	400
Exeter	7200	7200	3000
Hampton	8000	8000	8000
Hinsdale	1000	1000	1000
Hollis	1800	2000	2000
Hudson	3000	3000	3000
Litchfield	500	500	500
Manchester	9000	9000	8550
Merrimack	1000	1000	1025
Rye	3000	4500	1500
Stratham	1000	1000	1000
Walpole	500	500	500

Number of Durham residents relative to the total number of clients served:

Please note: The following numbers reflect the total number of **youth** served by BBBSNH. For each youth served, a parent is also provided with regular support, and professional referrals are made for the family when needed. In addition, there are 11 volunteer mentors living in Durham who receive continued training and support throughout their match. **Total # of Durham** residents served = 14

Program #1 Description:	FY 2023 Clients Served	FY 2024 Clients Served	FY 2025 Clients Served/Anticipated
Residents of Durham	3	2	3
Residents of Allentown	0	1	1
Residents of Alton	1	0	0
Residents of Amherst	2	0	0
Residents of Antrim	0	0	1
Residents of Barnstead	1	1	0
Residents of Barrington	4	3	2
Residents of Bedford	5	5	3

Form rev. 07/25

Residents of Belmont	3	2	3
Residents of Bennington	1	2	2
Residents of Berwick	1	1	1
Residents of Boston	1	0	0
Residents of Bow	2	1	0
Residents of Bradford	1 .	0	0
Residents of Brattleboro	0	1	0
Residents of Brentwood	3	5	3
Residents of Center Ossipee	1	0	0
Residents of Chester	1	0	0
Residents of Concord	22	15	8
Residents of Danville	1	0	0
Residents of Derry	8	6	4
Residents of Dover	32	35	36
Residents of East Kingston	1	1	0
Residents of Eliot	1	1	1
Residents of Epping	3	3	2
Residents of Epsom	1	1	1
Residents of Exeter	10	6	8
Residents of Farmington	5	4	2
Residents of Franklin	4	3	3
Residents of Fremont	2	2	2
Residents of Garland	1	0	0
Residents of Gilford	4	5	4
Residents of Gilmanton Iron Wks	1	1	0
Residents of Gilsum	1	2	1
Residents of Goffstown	2	2	1
Residents of Greenland	0	1	1
Residents of Hampstead	4	2	1
Residents of Hampton	8	4	3
Residents of Hill	0	1	1
Residents of Hillsborough	2	2	2
Residents of Hinsdale	1	1	1
Residents of Holderness	0	1	1
Residents of Hollis	2	1	1
Residents of Hooksett	2	3	3
Residents of Hopkington	1	1	1
Residents of Hudson	4	3	2
Residents of Jaffrey	1	1	1
	1 -		
Residents of Keene	3	4	4
Residents of Keene Residents of Kensington		1	1

Residents of Kittery       2       1       1         Residents of Laconia       13       8       5         Residents of Litchfield       1       2       3         Residents of Londonderry       6       5       4         Residents of Madbury       0       1       1         Residents of Manchester       54       73       59         Residents of Meredith       1       0       0         Residents of Merrimack       7       9       13         Residents of Middleton       1       1       1         Residents of Milford       3       4       2         Residents of Milton       4       1       1         Residents of Moultonborough       2       2       2         Residents of Nashua       24       29       33         Residents of New Castle       0       0       1
Residents of Litchfield       1       2       3         Residents of Londonderry       6       5       4         Residents of Madbury       0       1       1         Residents of Manchester       54       73       59         Residents of Meredith       1       0       0         Residents of Merrimack       7       9       13         Residents of Middleton       1       1       1         Residents of Milford       3       4       2         Residents of Milton       4       1       1         Residents of Moultonborough       2       2       2         Residents of Nashua       24       29       33
Residents of Londonderry       6       5       4         Residents of Madbury       0       1       1         Residents of Manchester       54       73       59         Residents of Meredith       1       0       0         Residents of Merrimack       7       9       13         Residents of Middleton       1       1       1         Residents of Milford       3       4       2         Residents of Milton       4       1       1         Residents of Moultonborough       2       2       2         Residents of Nashua       24       29       33
Residents of Madbury       0       1       1         Residents of Manchester       54       73       59         Residents of Meredith       1       0       0         Residents of Merrimack       7       9       13         Residents of Middleton       1       1       1         Residents of Milford       3       4       2         Residents of Milton       4       1       1         Residents of Moultonborough       2       2       2         Residents of Nashua       24       29       33
Residents of Manchester       54       73       59         Residents of Meredith       1       0       0         Residents of Merrimack       7       9       13         Residents of Middleton       1       1       1         Residents of Milford       3       4       2         Residents of Milton       4       1       1         Residents of Moultonborough       2       2       2         Residents of Nashua       24       29       33
Residents of Meredith       1       0       0         Residents of Merrimack       7       9       13         Residents of Middleton       1       1       1         Residents of Milford       3       4       2         Residents of Milton       4       1       1         Residents of Moultonborough       2       2       2         Residents of Nashua       24       29       33
Residents of Merrimack       7       9       13         Residents of Middleton       1       1       1         Residents of Milford       3       4       2         Residents of Milton       4       1       1         Residents of Moultonborough       2       2       2         Residents of Nashua       24       29       33
Residents of Middleton111Residents of Milford342Residents of Milton411Residents of Moultonborough222Residents of Nashua242933
Residents of Milford 3 4 2 Residents of Milton 4 1 1 Residents of Moultonborough 2 2 2 Residents of Nashua 24 29 33
Residents of Milton 4 1 1 Residents of Moultonborough 2 2 2 Residents of Nashua 24 29 33
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Residents of New Castle 0 0 1
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Residents of New Hampton 1 1 1
Residents of Newmarket 1 3 3
Residents of Newton 1 1 0
Residents of Northwood 1 1 2
Residents of Nottingham 2 1 1
Residents of Ossippe 0 0 1
Residents of Pawtucket 1 0 0
Residents of Pembroke 0 1 11
Residents of Penacook 2 0 0
Residents of Pepperell 1 1 1
Residents of Peterborough 1 1 0
Residents of Pittsfield 0 0 1
Residents of Plaistow 1 1 2
Residents of Plymouth 3 0 0
Residents of Portsmouth 17 12 11
Residents of Raymond 4 2 3
Residents of Rochester 25 22 20
Residents of Rollingsford 2 2 1
Residents of Rye 1 0 0
Residents of Salem 6 8 7
Residents of Sandown 0 1 1
Residents of Seabrook 8 6 5
Residents of Somersworth 22 21 17
Residents of Suncook 0 1 2
Residents of Tilton 1 1 0
Residents of Troy 1 0 0
Residents of Wallingford 2 2 2
Residents of Weare 0 2 2

Residents of Wells	1	0	0
Residents of Westmoreland	1	1	0
Residents of Whitefield	1	1	1
Residents of Wilton	0	0	1
Residents of Winchester	1	0	0
Residents of Windham	2	0	0
Residents of Wolfeboro	1	1	2
Residents of York	1	1	1
Total Clients Served	390	369	256 served to date





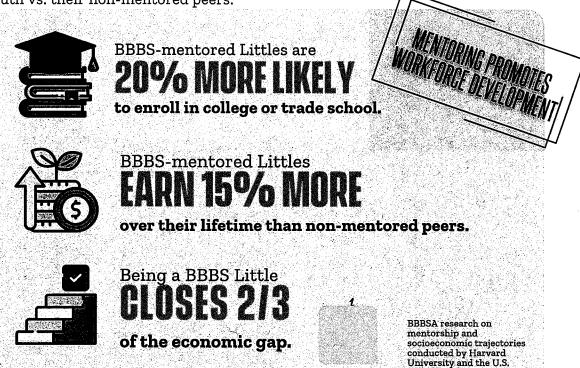
# **120 YEARS OF MENTORING**

Big Brothers Big Sisters (BBBS) is the largest and most experienced youth mentoring network in the United States. Locally, BBBS has been creating and supporting mentoring relationships for Granite and Green Mountain state youth ages 6-18 for almost 60 years.

## PROACTIVE APPROACH. LONG-TERM OUTCOMES

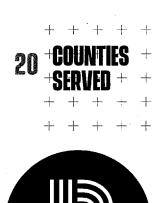
New research conducted by Harvard University and the US Dept. of Treasury reveals that unlike traditional education-based interventions, community mentorship is a <u>cost-effective</u>, <u>high impact solution</u> with transformative benefits for young people, the talent pipeline, and society.

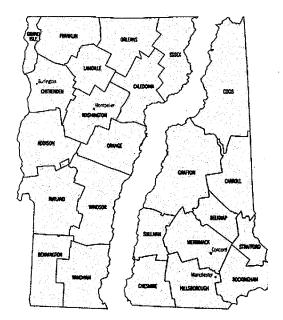
Rooted in 30 years of data, the study provides evidence of greater enrollment in higher education, increased salaries, reduced dependency on social services, and improved behavioral outcomes for mentored youth vs. their non-mentored peers.

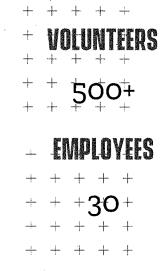




Department of Treasury









# **Meet Bri and Sandy**

For as long as she can remember, both of her parents were addicted to drugs. Her mother has been in and out of prison over the course of Bri's life and her father died of alcoholism when he was 37. She returned to live with her grandmother because she and her brother lacked proper nutrition, and it was taking a toll on their health. About the same time, her grandmother mentioned Big Brothers and Big Sisters and suggested they sign Bri up to be paired with a Big Sister.

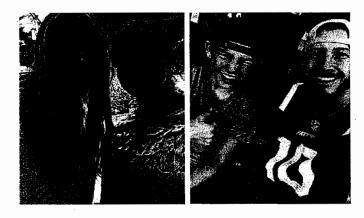
Bri wasn't so sure about this but gave it a try. The age difference, for starters, led Bri to think the two would have little in common. She also did not have many trusting relationships with adults in general. Then, the two started doing things together. They went to a performance of The Nutcracker. They've painted, hiked, fished, cooked, shopped, taken long walks and enjoyed many meals together, including meals they prepared. Sandi is often cheering with other fans as Bri competes in cross country and track meets. All the while, they've shared stories and stayed connected through the years. "I see Sandy as a friend, and I have seen her as a mentor and a really strong role model to look up to."

No one in Bri's family—including her parents and siblings—went to college, and many dropped out of high school. Sandy says one positive relationship can turn any life around, and she notes that while her Little Sister was shy when they were first matched, they had many interests in common. "It's been a pleasure to see Bri grow in confidence and make choices about what she wants to do and what's best for her, even though she's still a people-pleaser and would never hurt anyone's feelings," says Sandy. Bri has since graduated high school, finished her first year of college and is on track to potentially graduate early. All the while Sandy has stayed in her corner and has been there as a mentor. They still talk and get together for a meal when Bri is back from school. Bri has also become a Youth Ambassador for BBBS, helping with telling her story and advocating for mentorship for young people.



July 2025

Hello.



We are excited to share some important news with you—as part of **our village** and someone who plays a vital role in helping us build brighter futures for young people.

After many years of close collaboration, Big Brothers BigSisters of New Hampshire and Big Brothers Big Sisters of Vermont are officially merging into one unified organization. This is more than a change in structure; it is a strategic step forward that will allow us to best serve the youth, families, and communities we care about deeply.

As a valued member of **our village**, you know that the heart of our mission is creating strong, lasting mentoring relationships. This new structure means your generosity of **time**, **talent and treasure** will go even further by combining the expertise of the New Hampshire and Vermont organizations during a time when nonprofit funding and resources are already limited. We are building a stronger organization—one that directs every dollar and every hour toward sustaining meaningful mentoring relationships that make a lasting impact across both New Hampshire <u>and</u> Vermont.

Now more than ever, we need your voice. As we grow in reach, the need for mentors grows. We continue to depend on local support in each community to fulfill the mission of this great youth empowerment organization. Whether you are helping to fund our mission, volunteering as a Big, or sharing your mentoring story with others, your role is central to the impact we are making together.

As we have been doing for many months, we will continue working behind the scenes to ensure a smooth and thoughtful transition. Matches and enrollments will continue to receive consistent support from the same trusted staff, and donors will have the option to contribute to our shared mission or designate gifts to a specific state or local community, if they wish. For updates and answers to frequently asked questions, please visit <u>bigsnhvt.org</u> or contact me directly at skramer@bbbsnh.org.

We remain committed to our core values and to the local relationships that make our work possible. We are incredibly grateful for your partnership and look forward to continuing this journey with you—now as one powerful, combined force for good.

With heartfelt thanks,

Stacyl Kramer\_

CEO, Big Brothers Big Sisters of NH & Vermont Donor and former Big Sister



Supporting New Hampshire and Vermont youth through one-to-one mentoring relationships that ignite power and promise to help everyone reach their full potential.



# **100+ YEARS**

BBBS of NH & VT has a combined track record of evidence-based mentoring for over 100 years. Vermont celebrated 50 years this year and next year we will celebrate 60 years in NH.



The total number of team members involved daily in recruiting mentors, conducting interviews, assessing candidates, facilitating pairings, training, coaching relationships, and raising funds to keep the program free for those in need.





The count of board members volunteering to enhance financial resilience and link the community to our mission, representing both states.

# 500



Approximate number of young people and families supported in mentoring relationships.

# \$2,500



Approximate yearly cost per match includes recruitment, interviews, assessments, pairing, background checks, training, coaching, and ongoing check-ins with mentors, mentees, and their families.

## 4



Local offices in VT and NH serving their communities, with administrative operations in Stratham, NH.

# 24



The number of counties we serve between the two states ensuring we sustain and grow the communities we serve.

## 1



Two states, 1 match at a time for lifelong change and resiliency.

# **FREQUENTLY ASKED QUESTIONS**



**Q:** How will the merger of the NH and VT organizations affect my current match? Will I be working with someone new?

A: There are no immediate changes to who you'll be working with though you may connect with more team members over time. Occasionally, match advisors shift to ensure the highest quality support for all matches.

**Q:** I signed up to be a Big/mentor or my child to be Little/mentee. Will this affect that process?

A: No, this merger will not affect your status and if you have questions, please reach out to our enrollment team (the person you interviewed with).

**Q:** If I donate to the organization, will it support my state or local community?

A: Yes, we support all young people that are in need of a mentor. Your donation, if you choose, can be specific to a state or local community.

For more information, please visit bigsnhvt.org.

#### **BBBSNH Prospectus**

#### **Our Mission**

Big Brothers Big Sisters of New Hampshire's mission is to create and support one-to-one mentoring relationships that ignite the power and promise of youth.

#### Who We Serve

BBBSNH provides mentoring programs for at risk youth ages 6 to 18 throughout New Hampshire.

- 82% have been exposed to significant trauma
- 60% live at or below 100% of the poverty level.
- 17% have an incarcerated parent
- 10% are being raised by their grandparents due to parental incarceration, substance misuse, or loss of a parent.
- Nearly half (45%) of the youth we serve are living with a diagnosed mental health condition.

Research shows that the consistent presence of a caring adult can help offset the long-term risks of adverse childhood experiences (ACEs). BBBSNH provides that protective factor, with outcomes that demonstrate measurable impact.

#### **Programs**

- **Community-Based Mentoring** Matches spend time together in the community, building confidence and connection.
- School & Site-Based Mentoring Matches meet in schools or workplaces. Specialty programs include:
  - o Bigs in Badges Connects youth with first responders.
  - o P.R.I.S.M. Supports LGBTQ+ youth in partnership with Seacoast Outright.
- Futures Ahead A four-year program focusing on career readiness, skill development, and post-secondary exploration, with students eligible for high school credit.
- **Big Adventures** Group-based program offering twice-monthly activities focused on leadership, life skills, and community engagement.

#### Results-Based Accountability (RBA)

BBBSNH applies a Results-Based Accountability framework to evaluate and strengthen our work:

#### How much did we do?

- Serving 300-500 youth annually across more than 40 NH communities
- Hundreds of volunteer mentors recruited, screened, trained, and supported each year

#### How well did we do it?

- Match retention rates exceed the 12-month national benchmark, ensuring maximum benefits to youth matched with a mentor.
- 90%+ of mentors and families report satisfaction with match quality and staff support

#### Is anyone better off?

- Youth show improved academic engagement, higher educational expectations, and stronger peer/family relationships
- Youth Outcomes Surveys demonstrate increased confidence and lower rates of risky behavior

This framework ensures that BBBSNH delivers not only quality programming but also measurable, lasting outcomes for youth and communities.

#### **Impact & Recognition**

BBBSNHVT is recognized as an **evidence-based preventive program** by the U.S. Substance Abuse and Mental Health Services Administration and is an affiliate of Big Brothers Big Sisters of America, the oldest and largest mentoring organization in the country.

Two major studies confirm the effectiveness of Big Brothers Big Sisters mentoring:

Public/Private Ventures (PPV) Study – The first large-scale, randomized evaluation of
youth mentoring found Littles with a Big were significantly less likely to use drugs or
alcohol, skip school, or engage in violence than peers without mentors. They also
showed stronger relationships with parents and peers, greater confidence in school
performance, and higher aspirations—establishing BBBS as a proven, evidence-based
prevention model.

**NEWLY RELEASED!** 

Harvard University & U.S. Treasury Study – The Long-Term Impacts of Mentors:
 Evidence from Experimental and Administrative Data demonstrates mentorship's lasting impact on education and economic mobility. Littles are 20% more likely to enroll in college, earn 15% higher incomes between ages 20–25, and close nearly two-thirds of the socioeconomic gap compared with non-mentored peers.

Together, these studies validate mentorship as a cost-effective strategy for improving both individual lives and broader community well-being.

#### **Ensuring Success**

- Careful volunteer screening and youth matching
- Ongoing professional training, support, and safety monitoring
- Trauma-informed practices, opioid prevention resources, and JEDI (Justice, Equity, Diversity, Inclusion) integration

#### Town of Durham

#### Request for Funding for Social Service Agencies

### for the FY 2026 Budget Year (January 1, 2026 –December 31, 2026)

For your organization's funding request to be considered, complete applications must be <u>received</u> <u>no later than Thursday, August 25, 2025</u>. Applications should be sent to:

Gail Jablonski Business Manager 8 Newmarket Road Durham, NH 03824

or via e-mail to: gjablonski@ci.durham.nh.us

Gail Jablonski can be reached by phone at (603) 590-1378.

Name of Organization	: Ready Rides		
Organization's Fiscal \ 30th	Year (for example:	Jan 1 – Dec 31 or Jul 1 – June 30): _	Oct 1st to Sep
Key Contact Person:	Tahja Fulwider		

Mailing Address: P.O. Box 272 Northwood NH 03261

Telephone Number: 244-8719 E-mail address: info@readyrides.org

Amount of funding requested from the Town of Durham \$1500

- 1. Attach a prospectus of the organization outlining its mission, the specific programs provided, and who is served. (see attached below)
- 2. Attach a copy of your most recent audit and Form 990. (no audits ever required, but I can attach budget see attached below)
- 3. Describe how these funds will be used .

The funds provided will be used to cover various essential expenses, including mileage reimbursement for our volunteer drivers, administrative salaries, comprehensive insurance, office expenses, driver vetting fees, volunteer recruitment, donations to churches for meeting space usage, outreach materials, and administrative fees for the use of shared software, website domain fees, and call center TripLink fees.

4. Does the organization receive funding from other municipalities? YES

tan in the second	FY 2023	FY 2024	FY 2025
Name of Town or City	Received	Received	Received/Anticipated
Barrington	1500	1500	0/1500
Deerfield	n/a	n/a	1500
Durham	1500	1500	1500
Epping	1500	1500	1500
Lee	1500	1500	0/1500
Madbury	500	500	0/500
Newfields	0	300	500
Newmarket	1500	1500	1500
Northwoods	1500	1500	0/1500
Nottingham	1500	1500	1500
Strafford	1500	1500	1500

## 5. Does the organization provide services to Durham residents? YES

Program #1 Description:	FY 2023 Served	FY 2024 Served	FY 2025 Served/
			Anticipated
Residents of Barrington	117	534	501/525
Residents of Deerfield	n/a	n/a	167/191
Residents of Durham	419	208	347/351
Residents of Epping	20	193	93/100
Residents of Lee	352	289	144/200
Residents of Madbury	56	29	6/14
Residents of Newfields	0	4	10/32
Residents of NewMarket	448	536	355/367 .
Residents of Northwood	40	245	413/413
Residents of Nottingham	232	408	304/324
Residents of Strafford	116	134	119/125
Total *	1803	2580	2449/2562

<sup>\*</sup>Does not include Wheelchair riders

Table Below is the mileage and amount paid for wheelchair rides in the towns that requested it.

FFY	FY24	-1
RideStatus	Rode	7.

Row Labels Rides	Sum of	DirectMileage	
Durham	31	306.32	\$ 2,145.34
Lee	14	149.3	\$ 1,042.31
Newmarket	8	49.02	\$ 352.43
Strafford	8	68.9	\$ 485.63
<b>Grand Total</b>	61	573.54	

Form rev. 07/25

For your application to be considered complete, please respond fully to the following questions:

 Please describe how you arrive at the amount of funding you are requesting from the Town of Durham. (Attach statement if additional space is required):

We kindly request a contribution of \$1,500 from each town represented in our organization. This contribution is intended to offset our costs in the event of a decline in financial grants. Remarkably, this figure has remained unchanged since 2013, despite the inevitable rise in operating expenses.

In FY24 our Drivers drove a total of 3984 miles, drivers only asked to be reimbursed for 3529 miles, which reimbursed at 50 cents a mile was a cost to us of \$1,764. This year the rides already provided and what we anticipate will almost be double the amount of last year. Separate from volunteer mileage reimbursement we have paid \$2, 145.34 to a wheelchair van service to take Durham residents in wheelchairs to their medical appointments when requested. The yearly cost of providing rides for Durham residents to Ready rides in FY2024 was \$3,909 which far exceeds the donation we have requested.

As you may be aware, New Hampshire has one of the highest populations of residents aged 55 and above. We have recently observed a resurgence in ridership, which aligns with our expectations. Indications suggest that we will continue to witness an increase in rides for the remainder of the year. We have new riders signing up from all towns each week.

This trend can be attributed to the rising costs of living due to inflation, which leaves individuals with fewer funds for transportation. Additionally, as the aging population continues to grow, there is an increasing demand for medical services. Consequently, we anticipate that these factors will contribute to a sustained increase in ridership. We appreciate your understanding and support during these challenging times.

2. What would be the impact to Durham residents if the services provided by your organization were not available? (Attach statement if additional space is required):

The availability of Ready Rides is crucial for the health and well-being of a significant portion of the elderly population. Many individuals urgently need our services. We are dedicated to assisting the elderly and disabled in our community by providing transportation to dialysis, regular medical care, therapy, and rehabilitation appointments. Our goal is to help our riders maintain their independence, reduce the stress associated with transportation challenges, and ensure they can attend essential medical appointments.

Research shows that elderly individuals who do not receive regular medical care are more prone to depression, which can lead to other serious health issues such as substance abuse or even suicide. Our service not only supports the health of our riders but also alleviates the burden on families who struggle to balance their elderly family members' transportation needs with their own work and family responsibilities.

Many elderly individuals do not have children or nearby family members to assist them, and they often live on fixed incomes. With recent inflation, affording a \$50 taxi, Uber, or Lyft ride each week for therapy or dialysis has become even more challenging. Additionally, living in rural communities means there is often no extensive bus system available.

Our mission is to keep this growing population of retirees and residents over 55 and disabled of all ages as independent, healthy, and comfortable in their homes for as long as possible.

#### Statement of Financial Position

#### READY RIDES

As of December 31, 2024

DISTRIBUTION ACCOUNT	TOTAL
Assets	
Current Assets	
Bank Accounts	
TD Bank CD	51,241.18
TD Bank Checking	4,000.60
TD Bank Savings	8,761.94
Total for Bank Accounts	\$64,003.72
Accounts Receivable	
Other Current Assets	
Total for Current Assets	\$64,003.72
Fixed Assets	
Other Assets	
Total for Assets	\$64,003.72
Liabilities and Equity	
Liabilities	
Current Liabilities	
Accounts Payable	
Credit Cards	
Other Current Liabilities	
Payroll Liabilities	1,530.25
Total for Other Current Liabilities	\$1,530.25
Total for Current Liabilities	\$1,530.25
Long-term Liabilities	
Total for Liabilities	\$1,530.25
Equity	
Retained Earnings	47,018.18
Net Income	1,610.88
	13,844.41
Opening Balance Equity	
Opening Balance Equity  Total for Equity	\$62,473.47

### Budget vs. Actuals\_FY2025\_\_Report October 1, 2024-September 30, 2025

DISTRIBUTION ACCOUNT	x		TOTAL	
	ACTUAL	BUDGET	OVER BUDGET BY	PERCENT OF BUDGET
Income			· · · · · · · · · · · · · · · · · · ·	*****
Grant /Volunteer NH	2,000.00	0.00	2,000.00	
Income	\$0.00	\$0.00	\$0.00	
COAST Driver Reimbursement	69,936.39	74,925.00	-4,988.61	93.34 %
Donations from Individuals	3,656.39	2,000.00	1,656.39	182.82 %
Donations from Organizations	1,576.00	0.00	1,576.00	
Donations from Towns	9,800.00	11,000.00	-1,200.00	89.09 %
Total for Income	\$84,968.78	\$87,925.00	-\$2,956.22	96.64 %
Unapplied Cash Payment Income	0.00	0.00	0.00	
Total for Income	\$86,968.78	\$87,925.00	-\$956.22	98.91 %
Cost of Goods Sold	0.00	0.00	0.00	
Gross Profit	\$86,968.78	\$87,925.00	-\$956.22	98.91 %
Expenses				
Admin Expenses	\$84.00	\$0.00	\$84.00	
Office Supplies	279.68	100.00	179.68	279.68 %
Payroll Taxes	2,325.81	2,500.00	-174.19	93.03 %
Postage	368.20	400.00	-31.80	92.05 %
Salary & Wages	30,402.12	31,000.00	-597.88	98.07 %
Staff Mileage Reimbursement	457.48	0.00	457.48	
Telephone	855.36	1,000.00	-144.64	85.54 %
Total for Admin Expenses	\$34,772.65	\$35,000.00	-\$227.35	99.35 %
Advertising/Promotional	2,500.00	0.00	2,500.00	•
Corporate	\$0.00	\$0.00	\$0.00	
Accounting Fees	1,062.50	0.00	1,062.50	
Insurance	3,392.11	4,000.00	-607.89	84.8 %
Legal Fees	\$0.00	\$0.00	\$0.00	
State of NH-Good Stand Cert	7.00	0.00	7.00	
Total for Legal Fees	\$7.00	\$0.00	\$7.00	
Membership dues and fees	\$0.00	\$0.00	\$0.00	
ACH, State, Misc Fees	2.48	0.00	2.48	
COAST Fees	5,250.00	0.00	5,250.00	
Total for Membership dues and fees	\$5,252.48	\$0.00	\$5,252.48	
Software	118.00	0.00	118.00	
Donations to Organizations	0.00	5,000.00	-5,000.00	0.0 %
Total for Corporate	\$9,832.09	\$9,000.00	\$832.09	109,25 %

# Budget vs. Actuals\_Budget\_FY24\_P&L\_\_Report October 1, 2023-September 30, 2024

DISTRIBUTION ACCOUNT		TOTAL			
	ACTUAL	BUDGET	OVER BUDGET BY	PERCENT OF BUDGE	
Income					
Income	\$0.25	\$0.00	\$0.25		
COAST Driver Reimbursement	48,000.00	41,955.00	6,045.00	114.41 9	
Donations from Individuals	1,570.03	4,500.00	-2,929.97	34.89	
Donations from Organizations	1,068.04	0.00	1,068.04		
Donations from Towns	11,000.00	13,000.00	-2,000.00	84.62	
Income from Fund Raisers	0.00	1,000.00	-1,000.00	0.0	
Total for Income	\$61,638.32	\$60,455.00	\$1,183.32	101.96	
Unapplied Cash Payment Income	1,500.00	0.00	1,500.00		
Total for Income	\$63,138.32	\$60,455.00	\$2,683.32	104.44 9	
Cost of Goods Sold					
Cost of Goods Sold	0.25	0.00	0.25		
Total for Cost of Goods Sold	\$0.25	\$0.00	\$0.25		
Gross Profit	\$63,138.07	\$60,455.00	\$2,683.07	104.44	
Expenses					
Admin Expenses	\$107.00	\$0.00	\$107.00		
Office Supplies	18.00	1,000.00	-982.00	1.8	
Payroll Taxes	\$2,273.28	\$3,000.00	-\$726.72	75.78	
State of NH-UC	110.93	0.00	110.93		
Total for Payroll Taxes	\$2,384.21	\$3,000.00	-\$615.79	79.47	
Postage	388.18	500.00	-111.82	77.64	
Salary & Wages	29,717.03	29,578.15	138.88	100.47	
Staff Mileage Reimbursement	792.01	500.00	292.01	158.4	
Telephone	853.10	1,086.97	-233.87	78.48	
Total for Admin Expenses	\$34,259.53	\$35,665.12	-\$1,405.59	96.06	
Advertising/Promotional	1,109.52	0.00	1,109.52		
Corporate	\$0.00	\$0.00	\$0.00		
Accounting Fees	1,868.75	0.00	1,868.75		
Donations to Organizations	500.00	9,750.00	-9,250.00	5.13	
Insurance	3,337.18	3,434.91	-97.73	97.15	
Legal Fees	\$100.00	\$0.00	\$100.00		
State of NH-Good Stand Cert	7.00	0.00	7.00		
Total for Legal Fees	\$107.00	\$0.00	\$107.00		
Membership dues and fees	\$50.00	\$0.00	\$50.00		
COAST Fees	5,000.00	0.00	5,000.00		
Total for Membership dues and fees	\$5,050.00	\$0.00	\$5,050.00		
Software	143.99	0.00	143.99		
Total for Corporate	\$11,006.92	\$13,184.91	-\$2,177.99	83.48	

Ready Rides currently distributes a trifold brochure to all medical offices, town halls, libraries, and community centers in each town to spread awareness about our services. We aim to ensure that those in need are informed about the assistance available to them. Additionally, Ready Rides is always seeking to expand our base of volunteer drivers.



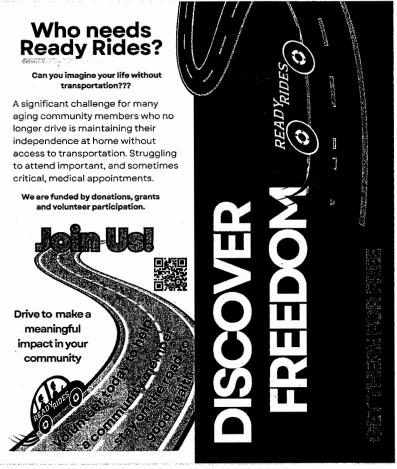
#### Ready Rides is a non-profit that provides FREE rides

#### MISSION:

Ready Rides strives to ensure that everyone who is disabled, temporarily disabled or over 55 residing in one of our many participating communities, has access to a ride for all types of health related medical services.

A few examples are: yearly physicals, dental or eye exams, physical therapy, dialysis, podiatry, cancer treatments and mental health appointments.

We drive so you can thrive





Ready Rides provides rides in:

Barrington
Deerfield
Durham
Epping
Lee
Madbury
Newfields
Newmarket
Northwood
Nottingham
Strafford

Ready Rides success is rooted in the kindness of our fully vetted volunteer drivers, who drive their own vehicles for CURB-to-CURB caring service.

Ready Rides offers accessible rides.





# Town of Durham Request for Funding for Social Service Agencies for the FY 2026 Budget Year (January 1, 2026 – December 31, 2026)

For your organization's funding request to be considered, **complete applications must be** <u>received no later than Tuesday</u>, <u>August 26</u>, <u>2025</u>. Applications should be sent to:

Gail Jabionski Business Manager 8 Newmarket Road Durham, NH 03824

or via e-mail to: gjablonski@ci.durham.nh.us

Gail Jablonski can be reached by phone at (603) 590-1378.

Name of Organization: Strafford Nutrition & Meals on Wheels

Organization's Fiscal Year (for example: Jan 1 – Dec 31 or Jul 1 – June 30): July 1- June 30th

Key Contact Person: <u>Katy Cordova-Brooks</u>

Mailing Address: <u>25 Bartlett Avenue</u>, Ste. A – Somersworth, NH 03878

Telephone Number: (603) 692-4211 E-mail address: executivedirector@snmow.org

### Amount of funding requested from the Town of Durham \$1500

- € Attach a prospectus of the organization outlining its mission, the specific programs provided, and who is served.
- Describe how these funds will be used (attach statement if additional space is required).

The requested funds will be used to provide hot, nutritious meals and daily safety checks to older and disabled adults in the town of Durham. We are asking the town of Durham to help by contributing \$1500 toward the expense of these meals.

Last year we provided 3,019 meals to 31 individuals in the town of Durham, and as our population ages, we expect that number to continue to grow. Further, the cost of providing meals continues to grow as well, from the increasing costs of food and supplies to the increasing cost of providing fair wages to those providing meals.

€ Does the organization receive funding from other municipalities? <u>x</u> YES <u>not</u> NO If yes, list the other Towns or Cities providing funding and the amount of funding provided:

	FY 2022	FY 2023	FY 2024
Name of Town or City	Received	Received	Received/Anticipated
Barrington	1500	1500	1500
Dover	3000	5100	5000
Farmington	0	0	1500
Lee	1500	1500	1500
Madbury	1000	1000	1000
Middleton	1000	1000	1000
Milton	1500	1500	1500
New Durham	1500	1500	1500
Rochester	3000	4200	5000
Rollinsford	1000	1000	1000
Somersworth	2500	2500	2500
Strafford	1000	1000	1000

€	Does the organization provide services to Durham residents?	· <u>·</u>	Х	_ YES	1	NC
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If yes, please provide information in the table below on the number of Durham residents relative to the total number of clients served. This information should be made available for each category of services or programs provided to Durham residents. If the size of the table below is not adequate, please provide an attachment with this information.

If you are unable to provide this information, please (a) attach a statement detailing why this information is not available; and (b) provide a statement on how your organization directly benefits the citizens of the Town of Durham.

Program #1 Description:	FY 2022 Clients Served	FY 2023 Clients Served	FY 2024 Clients Served/Anticipated
Residents of Durham	23	30	31
Residents of Barrington	47	41	53
Residents of Dover	402	383	415
Residents of Farmington	76	79	68
Residents of Lee	24	21	12
Residents of Madbury	7	6	4
Residents of Middleton	10	11	12
Residents of Milton	40	42	38
Residents of New Durham	11	17	25
Residents of Rochester	532	529	521
Residents of Rollinsford	20	19	16
Residents of Somersworth	282	232	191

Residents of Strafford	22	23	22
Total Clients Served	1495	1433	1408

For your application to be considered complete, please respond fully to the following questions:

€ Please describe how you arrive at the amount of funding you are requesting from the Town of Durham. (Attach statement if additional space is required):

We are requesting \$1500 from the town of Durham to aid in providing services to the town's most vulnerable populations — older and disabled homebound adults. Last year, we provided 3,019 meals to 31 individuals in Durham. The cost of providing these services is roughly \$33,207. While we have contracts with the state to provide such services, we are only reimbursed for about 70% of total meal costs, as we have a match requirement and serve well over our contracted amounts each year. We must raise funds through various channels to come up with the other 30%.

When considering how much to ask each town for, we are extremely fair in considering how many individuals are served in that town and how many meals are provided. Ultimately, we encourage towns to contribute between 5 and 7% of the total cost of serving their residents.

What would be the impact to Durham residents if the services provided by your organization were not available? (Attach statement if additional space is required):

Our program is designed to help keep older and disabled adults independent in their own homes for as long as possible, delaying the need for much more costly alternatives. Our services not only impact the individual, but the individual's family and the community as a whole.

Recipients receive much needed nutrition, safety checks, and social interaction, all things that contribute to their overall health and wellbeing and their ability to remain in their own homes.

This helps family members who cannot stay home to take care of their loved ones because they

must work and go about their own day, giving them much needed peace of mind and relieving them of the stress of caring for a loved one. It helps the community as a whole, as our services reduce the need for emergency services and delay the need for institutionalized care, relieving the community of a hefty tax burden associated with such services. As the population ages and continues to live longer lives, the cost saved per person is unimaginable.

As the cost of providing services continues to increase, but funding does not, we are faced with difficult dilemmas. If we cannot raise the full amount needed to supplement our state contracts, we may need to make difficult decisions, such as whether to begin placing clients on waiting lists or to decrease the number of days we deliver to clients, which decreases the number of days they receive safety and wellness checks. This could have a potentially detrimental effect on all interested parties, as less daily checks could mean higher possibility of accidents happening. It could also mean these individuals must decide whether to skip meals, having a poor impact on their health, and increasing risk for more serious illnesses and the utilization of emergency services or assisted living.

August 19, 2025

Durham Town Council 8 Newmarket Road Durham, NH 03824

#### **Dear Councilors:**

SNMOW requests the Town of Durham's support to help provide meals and safety services to the residents of Durham as part of their next budget cycle. As I'm sure you are aware, our population is aging rapidly, and more than 25% of our state's population is now aged 60 and older. With the aging of our population comes higher demand for services such as Meals on Wheels, which helps keep older adults independent in their homes longer without the need for interventions such as independent living facilities. At the same time, the cost of living is rising drastically, and with it, the costs associated with providing services: food, packaging, gas, and labor.

Now more than ever, we need Durham's support towards the provision of these services in your community. We see first-hand the true value that Meals on Wheels provides to each community we serve and ask that you please consider supporting us again this year.

#### **OUR SERVICES**

Through the delivery of hot nutritious meals in home or community settings, daily safety checks, and friendly visiting services, SNMOW promotes physical and emotional health of Strafford County's older and disabled adults.

#### SNMOW'S IMPACT GOES FAR BEYOND THE MEAL

#### Individual Impact

In addition to the nutritious meal helping promote physical health, our staff with their everyday gestures and training also promote emotional health, especially for those clients who are more isolated.

- 60% of our participants report living alone.
- 80% of participants feel that Meals on Wheels is important in their ability to remain independent
- 36% of participants report that their Meals on Wheels deliverer is the only person they see all week
- Nearly 50% of participants say they skip meals or eat less on days they do not receive meals

#### Family Impact

Many families no longer have a stay-at-home member or may live far apart. We can help and reassure families by feeding and checking in on their loved ones, and by bringing any concerns to their attention immediately.

#### Community Impact

Meals on Wheels benefits more than the individual. Services aid the town by decreasing the number of individuals in need, impacting nursing home placements, and decreasing demand on local fire, police, and ambulance services, as this at-risk population is regularly fed and checked on when enrolled in our services.

#### SERVICE PROVIDED TO DURHAM RESIDENTS IN 2024

31 Durham Residents (on average we are feeding 12 Durham residents per day)

3,019 Nutritious Meals

1,951 Safety Checks and Support Services

SNMOW provides services year-round from our dining facilities in Somersworth, Rochester, and Dover. We provide hot meals four days a week, with provisions for evenings and weekends for those experiencing higher levels of need.

#### TOWN SUPPORT GOES DIRECTLY BACK TO TOWN RESIDENTS

Cost of providing Meals on Wheels to Durham residents: \$33,207.00

We are asking the Town of Durham to contribute \$1,500.00 towards the cost of these services.

We must raise over \$300,000 each year just to maintain the current level of service, but we know the level of need is only going to increase. Town funding aids in:

- <u>Meeting Matching Grant Requirements</u>. The Federal/State funding we receive is a matching grant. We must raise about 30% of the cost of each meal from local sources.
- <u>Preventing wait lists</u>. Town support also helps us to feed clients who need and qualify for the service, but we have exceeded the number of units allowed under our grants. In Durham we had to raise 100% of the cost for 574 additional meals served beyond the 2,445 units allotted through the matching grant last year.

#### MEALS ON WHEELS A WORTHWHILE INVESTMENT WITH A HISTORY OF SUCCESS

SNMOW has been serving the communities of Strafford County since 1973 with hot, nutritious meals and safety checks for those in need. We strive for utmost efficiency, keeping administrative costs below 10%, and to provide a quality service to the seniors of Durham.

Town support is essential in our ability to continue serving the seniors and disabled adults of your community and is a cost-effective way to deal with your aging population's needs. Thank you in advance for your consideration and for your ongoing support.

Sincerely,

Katy Cordova-Brooks

ExecutiveDirector@SNMOW.org

### **Strafford Nutrition & Meals on Wheels**

#### Mission Statement

Strafford Nutrition & Meals on Wheels' mission is to promote the well-being of the elderly and disabled adults of Strafford County by providing services to foster independence in their own home and to prevent or delay the need for institutional care. Through the provision of hot nutritious meals in home or community settings, daily safety checks, nutrition education, and nutritional assessments SNMOW will promote physical and emotional health, protect their quality of life, and aide in the social and economic needs of the elderly and disabled.

#### **Services Provided**

Strafford Nutrition & Meals on Wheels provides hot, nutritious meals to seniors and individuals with disabilities in all 13 communities of Strafford County. With over 50 years in operation, we pride ourselves in our commitment to a person-centered approach. From intake on, we take care to work with each individual's specific needs, tailoring our plan to each individual. Our meals are much more than just a meal. Our drivers are often the only person some of our participants see throughout the week. They deliver a hot meal, but also symbolize safety for many of our participants, as they know somebody will be coming to check in on them. When an individual does not answer the door, we follow necessary steps to ensure their safety and well-being before moving on. In addition to security, our drivers provide our participants with the feeling of connection and companionship. While our visits may be short, many of our drivers have formed very special bonds with those they deliver to, a vital step in breaking down the feeling of loneliness they may otherwise feel.



Town of Durham Attn: Gail Jablonski 8 Newmarket Road Durham, NH 03824

August 26, 2025

Dear Ms. Jablonski,

I am pleased to submit this letter to request funding from the Town of Durham. We are grateful that Durham has been one of many municipalities within our service area that provides financial support to help us offset the costs of providing home care, hospice care, palliative care, and community services to your residents in need. For the upcoming Fiscal Year 2026/2027, we respectfully ask for your consideration for funding in the amount of \$12,392.00. This amount is based on the 2020 town census of 15,490 at a per capita rate of \$0.80. For the most recent calendar year, Cornerstone VNA provided services to over 7,500 patients, which includes 134 residents who received 2,255 visits.

I am very proud to share some program highlights and important updates from the first half of the year.

- Interpretation Platform: We contracted with Universal Language Service to provide remote interpretation services, which gives us access to more than 200 languages to support patients with Limited English Proficiency.
- Mental Health Support: We achieved a Recovery Friendly Workplace (RFW) designation, an initiative started by former Gov. Chris Sununu. We are one of 49 businesses in Strafford County that are committed to fostering a safe and recovery-friendly environment.
- Pet Peace of Mind® (PPOM) Program: PPOM is going "paws" itively well thanks to local pet suppliers and a new partnership with Golden Dog Adventure Co. They are helping us raise money and recruit volunteers to care for the pets of hospice patients.
- Addressing Complex Wounds: Our specialized Wound Care Team, comprised of 10 nurses, physical therapists, and occupational therapists, is achieving impressive patient outcomes thanks to ongoing education and training.
- Continued Caring for Caregivers: We published a new Hospice Patient and Family Resource Book to provide better guidance and support, especially for those caring for loved ones at home. We are also planning to add two more monthly Caregiver Cafés (for a total of six), which take place in collaboration with our local libraries including Dover, Farmington, Strafford, Wolfeboro, Barrington, and North Hampton.
- Training Through Simulation (Sim) Labs: This year, we have trained over 60 nurses in one of our sim labs. We are also using a virtual reality Oculus to perform visit simulations, which is a great way to further prepare clinicians for caring for patients at home

As a nonprofit organization, your support means the world to us. It enables us to continue providing free, compassionate care to uninsured residents, ensuring that every individual receives the healthcare they deserve, from birth through the end of life. We are deeply grateful for your commitment to our mission, and we hope the Town of Durham will consider continuing their support of Cornerstone VNA. Together, we can make a lasting difference in the lives of those who need it most.

Jennifer Ufkin, RN, MSN, BC-NC, President/Chief Executive Officer



# **Caregiver Resources**

As a nonprofit organization, Cornerstone VNA is deeply committed to the community and offers local residents, patients, families, and local businesses a full scope of programs, clinics, and services. Recognizing the crucial role family caregivers play in supporting the health and well-being of loved ones, we are pleased to provide education, guidance, and assistance through the programs below.



#### **Monthly Caregiver Cafés**

Join us for our monthly in-person Caregiver Cafés, offering a friendly place for support, education, and conversation.

- Dover Public Library
- Farmington The Goodwin Library
- Strafford Hill Library
- Wolfeboro Public Library

Contact Ann Vennard to learn more.



## Caregiver Facebook Group

Join our private Cornerstone VNA Family Caregiver Connection Facebook group. Share your tips, helpful resources, questions, or ideas with fellow local caregivers. To join, visit facebook.com/groups/ cvnacaregiverconnection



# **Caregiver Connection E-News**

A quarterly E-Newsletter with information, caregiver wellness tips, links to resources, current events, and news. Sign up on our cornerstonevna.org/caregiver-support web page or contact Ann Vennard.



### **Caregiver Training**

Twice a year Cornerstone VNA offers free comprehensive hands-on trainings designed to empower family caregivers by equipping them with essential skills, competencies, and confidence needed to fulfill their caregiving responsibilities. Contact Katie Michaud.



# **Library of Resources**

Visit cornerstonevna.org/caregiver-support for a list of resources and other organizations that provide support to caregivers. A wider scope of events, clinics, outreach programs, referrals and helpful links to other sources for information is also available at cornerstonevna.org/resources



#### **Educational Presentations**

Cornerstone VNA's educational programs include the annual Caregivers Connect event as well as presentations for businesses and community groups. If you would like to schedule a presentation for your group, please contact Katie Michaud.



### **Volunteer Support**

We have companion volunteers who provide support, respite care, and companionship to patients, families, and caregivers. Our volunteers are wonderful, kind, caring - and love to help! Contact Ann Vennard to learn more.



# **Private Duty Services**

Our Life Care - Private Duty program is a wonderful option for caregivers who need some additional support at home, especially with personal care, homemaking services, and respite care. Contact Janice Howard to learn more.

# Our Caregiver Support Team is here for you!



Janice Howard Life Care Director ihoward@ cornerstonevna.org



Sandy Powers, RN Wellness Nurse spowers@ cornerstonevna.org



Ann Vennard Advancement avennard@ cornerstonevna.org



Katie Michaud, OTL/R Community Care kmichaud@ cornerstonevna.org

800-691-1133 - cornerstonevna.org/caregiver-support







Cornerstone VNA Community Care

Cornerstone VNA offers a variety of FREE educational programs. To learn more about each topic, visit cornerstonevna.org/educational-series for our full descriptions. To request a presentation for your community group or business, please email <a href="mailto:edseries@cornerstonevna.org">edseries@cornerstonevna.org</a>.

# Holistic Health from the Inside Out

- 1. Beating the Sugar Blues
- 2. A Healthy Relationship with Food
- 3. Holistic Wellness & Nutrition
- 4. Nutrition for Older Adults
- 5. Self-Care: Mind, Body, and Soul
- 6. Self-Care: Spiritual & Emotional Wellness

# Family Caregiver Superheroes

- 1. Self-Care for Caregivers
- 2. Home Safe Home
- 3. Caring for Individuals with Dementia
- 4. Dementia: Managing Challenging Behaviors
- 5. All About Advance Directives
- 6. Growing Older Where You're Comfortable

# Shine the Light on Hospice

- The Difference Between Palliative and Hospice Care
- Assessing & Managing Common End of Life Symptoms
- Palliative Care for Patients with COPD: A Case Study
- 4. Ethical Challenges in Hospice Care
- 5. Care of the Dementia Patient at End of Life
- 6. Hospice Philosophy & Benefits
- 7. When Is the Right Time for a Hospice Referral
- 8. Let's Talk about Grief

# Safe and Sound at Home: Rehab Solutions and Health Tips

- 1. Home Safe Home
- Stay Upright! Tips for Fall-Free Living
- 3. Assistive Devices: Too Short, Too Tall, or Just Right?
- Strength in Motion: LSVT BIG for Parkinson's Wellness
- 5. Navigating Edema and Inflammation
- 6. Wound Care 101

# Mental and Social Wellness

- 1. Healthy Ways to Manage Stress
- 2. Healthy Work-Life Balance
- 3. Living Well with Anxiety

- 4. Beating the Blues
- 5. Mental Health First Aid

Updated 01/2025



178 Farmington Road, Rochester, NH 03867

Phone 800-691-1133

Fax 877-234-9902

cornerstonevna.org

Home Care

**Hospice Care** 

**Palliative Care** 

Life Care - Private Duty

**Community Care** 

# Town of Durham Request for Funding for Social Service Agencies for the FY 2026 Budget Year (January 1, 2026 – December 31, 2026)

For your organization's funding request to be considered, **complete applications must be received no later than Tuesday, August 26, 2025**. Applications should be sent to:

Gail Jablonski Business Manager 8 Newmarket Road Durham, NH 03824

or via e-mail to: gjablonski@ci.durham.nh.us

Gail Jablonski can be reached by phone at (603) 590-1378.

Name of Organization: Twenty-One Senses
Organization's Fiscal Year (for example: Jan 1 – Dec 31 or Jul 1 – June 30): <u>Jan 1 - Dec 31</u>
Key Contact Person: Danielle Heaton
Mailing Address: 51 Moharimet Drive Madbury, NH 03823
Telephone Number: 847-238-2535 E-mail address: danielle@twentyonesense.org
Amount of funding requested from the Town of Durham \$\begin{align*} \frac{\$1875.00}{} \end{align*}

Attach a prospectus of the organization outlining its mission, the specific programs provided, and who is served.

Describe how these funds will be used (attach statement if additional space is required).

These funds will be used for Twenty-One Senses to provide a sensory space and calm room at the three Durham Park and Recreation community events in 2026: Durham Day, Downtown Trick or Treat and Frost Fest.

A sensory space is provided outside at the event and includes multiple sensory based activities, including a mini trampoline, rocking horses and rice table.

The calm room is provided in partnership with a downtown business who donates their space. The calm room is indoors and provides a haven to step away from the crowds, noises and smells that often associate these events. The activities inside this space are rooted in neuroscience to help re-regulate an individuals nervous system, such as swinging, chess, rocking chairs, and small spaces.

Does the organization receive funding from other municipalities?	_ YES	<u>X</u>	NO
If yes, list the other Towns or Cities providing funding and the amount of	f fundi	ing prov	vided

Name of Town or City	FY 2022 Received	FY 2023 Received	FY 2024 Received/Anticipated
,			

	v		
Does the organization provide services to Durham residents?		YES	NO

If yes, please provide information in the table below on the number of Durham residents relative to the total number of clients served. This information should be made available for each category of services or programs provided to Durham residents. If the size of the table below is not adequate, please provide an attachment with this information.

If you are unable to provide this information, please (a) attach a statement detailing why this information is not available; and (b) provide a statement on how your organization directly benefits the citizens of the Town of Durham.

Program #1 Description: Sensory Space & Calm Room	FY 2022 Clients Served	FY 2023 Clients Served	FY 2024 Clients Served/Anticipated
Residents of Durham	1500	2000	2000
Residents of			
Total Clients Served			
Program #2 Description:			
Residents of Durham			
Residents of			
Total Clients Served			

For your application to be considered complete, please respond fully to the following questions:

Please describe how you arrive at the amount of funding you are requesting from the Town of Durham. (Attach statement if additional space is required):

Twenty-One Senses provides a sensory space and calm room at Durham Park and Recreation community based family oriented events, including Durham Day, Downtown Trick or Treat and Frost Fest. Our sensory space and calm room service is \$625/event. \$625 fee x 3 events = \$1875.

What would be the impact to Durham residents if the services provided by your organization were not available? (Attach statement if additional space is required):

Our calm room allows those struggling with invisible differences an opportunity to participate, reset when needed, and remain at the activity. Without these services, individuals are unable to participate in the community gatherings. Prior to families being aware of this service at these great community events, many reported having to leave family members at home as the event can be overstimulating. With these services in place, the entire family can participate together in these Durham community events. It also provides an opportunity to help raise awareness about the importance of regulation and its association to improved mental health for the entire community.

Twenty-One Senses is a local 501(c)(3) nonprofit that is advancing inclusion for children – and all individuals – with invisible disabilities in our community. Through awareness, education, and support, we are changing the narrative in our community regarding sensory issues, neurodiversity and regulation. Ultimately creating a culture of **improved self-regulation and mental health for our entire community.** 

Sensory regulation struggles affect 1-in-6 children and are associated with many familiar diagnoses, such as autism, PTSD, ADHD, anxiety, and over 30 other diagnoses. Despite the prevalence of those affected, many do not realize how minor modifications can make a huge difference.

We are addressing the regulation knowledge gap that occurs outside of the child/clinician relationship or classroom setting. Using evidence-based techniques, trauma informed care and universal design, we are educating the most influential sphere around a child: their family, school and community. This three-prong effort includes:

- Support for families affected by invisible difference through public resources and tools to learn about sensory sensitivities and to locate sensory-friendly experiences in their communities. These awareness efforts include our webinar series, sensory-friendly business listing, peer coaching, and educational materials.
- Educating the community about regulation and neurodiversity by engaging with businesses and organizations to advance inclusion for individuals struggling with sensory sensitivities. This support is provided via online courses, staff training, consulting, and the creation of sensory-friendly hour at a business, and a calm room at community events.
- Supporting Schools to recognize regulation struggles in the classroom, which often appear as behavioral problems, through educator trainings that emphasize evidence-based strategies and universal design techniques, delivered in a relatable format, creating an inclusive classroom.

We believe in the strength of a community and are actively involved and working to make our communities more inclusive. This is apparent in our partnerships with the University of New Hampshire Occupational Therapy Department and Nursing Departments, active participation with our local Chamber of Commerce and having conversations with other similar minded community organizations. Throughout all of the efforts, Twenty-One Senses uses our unique ability to successfully present evidence-based social-emotional learning techniques and universal design techniques in an easy to relate, digestible approach. Through this proactive approach, we are creating a healthier, more inclusive community.

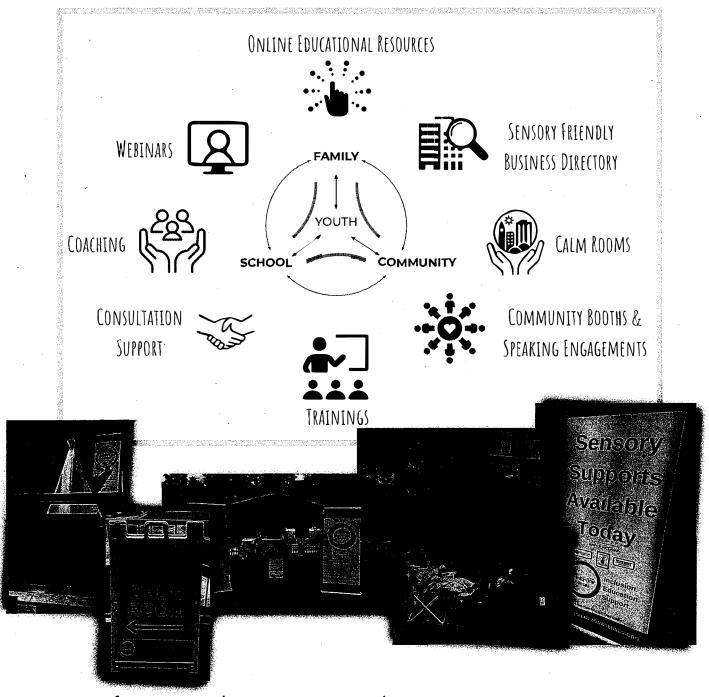
"YOU OFFERED A TON OF GREAT STRATEGIES TO DEAL WITH CHILDREN WITH HIDDEN DIFFERENCES AND [WE] WILL CERTAINLY PUT THOSE METHODS TO WORK THIS SUMMER."

-HENRY BURKE, DIRECTOR OF PROGRAMS AT SEACOAST SCIENCE CENTER

WWW:TWENTYONESENSES.ORG



THROUGH AWARENESS, EDUCATION, AND SUPPORT, WE ARE CHANGING THE NARRATIVE IN OUR COMMUNITY REGARDING NEURODIVERSITY & SENSORY REGULATION.



For more information please visit our website: www.twentyonesenses.org